

Healing Touch Healthcare Facility Profile

Exempla Good Samaritan Medical Center (EGSMC)

Health & Healing Center, 300 Exempla Circle, Lafayette, C 80026

Exempla Good Samaritan Medical Center is northern Colorado's newest regional medical center providing 24-hour, comprehensive medical services in a caring environment. Part of the Exempla Healthcare system, EGSMC continues a 130-year legacy started by its sister hospitals: Exempla Saint Joseph Hospital in Denver and Exempla Lutheran Medical Center in Wheat Ridge, Colorado.

Type of Facility: Hospital

How Healing Touch is currently being used in your facility:

One-hour sessions are offered by appointment, on a self-pay basis (not covered by insurance). The practitioners of complementary therapies are on call only. I give talks and HT mini sessions at in-services and at special events like Hospital Week, city fairs, lectures for groups or nursing homes. I teach classes for the staff and/or the public: a 4 hour "Introduction to HT" quarterly, and at the "Power of Touch", a class introducing the modalities offered at the H&H Department, every 3-4 months.

Contact for HT Services: Ruth Ross, manager, Nicole Kasemir, RN, HNC, CHTP/I

Phone: 303-689-6580

E-Mail: rossr@exempla.org, kasemir@exempla.org

Can Patients Request HealingTouch: Yes In-patients or their family ask the floor RN to call our department for a HT session. The RN obtains the OK from the MD. Out-patients call us directly. The H&H secretary then calls me to set the appointment with the client/patient.

Physician Referral: No We are working on it. Nurses are more instrumental in referring to our department and getting the order from the MD. A prescription pad for complementary therapies was recently produced and distributed to Physician offices so that they can make referrals.

Physician Order Required: No A Physician order is not required, but physician approval is required before administering HT for an inpatient.

Billing for HT: No Sessions are paid out of pocket by the patient at the time of the session.

Minimum Healing Touch Skill Level: CHTP Ordinarily, the hospital would request at least a CHTP. Once, because of a double scheduling, the department manager allowed a HT Level 3 massage therapist to give the other HT session.



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Continued

Healing Touch Policy and Procedure in Place: Yes

When was HT Implemented and How? I was hired as an Integrative Care RN

in January 2005, by Lynn Bentley, who was just starting the Integrative Care Department at EGSMC.

I was part of the original team to organize our complementary services. For a few weeks till

February 2006, the department was closed for its reorganization and move to the Health & Healing

Department (H&H). The H&H Center focused first on the staff, the out-patients and the community,

but now we service the in-patients as well.

Is There Marketing for HT Services: Yes We have a brochure for our department, which has a paragraph on HT. _The classes are advertised in the Exempla Foundation News Letter and through internal hospital wide e-mails for registration. Our services are advertised in the local newspapers. Our Department Manager promotes us to other institutions, businesses and independent practices in the community. For a few months, I gave free mini-sessions to employees and visitors at lunch time in the hospital lobby.

Other CAM Therapies Available: Massage, Acupuncture, Holistic Nursing, Spiritual Care, Nutrition Counseling

Other information you would like to include about your facility:

1 ½ years ago, our department was moved to a new building attached to the hospital. We have 3 treatment rooms for HT, massage and acupuncture. We share space with cardiac and pulmonary rehab, Physical Therapy, Occupational Therapy, Speech Therapy, Audiology, incontinence biofeedback therapy and pediatric therapy..

The introduction of HT in the hospital and the community is a slow process, because everything has to be approved through different committees, but mostly because people have to pay out of pocket for our services. We do a lot of promotion in discounting the first visit, and participating in hospital and community activities. My immediate supervisor and colleagues are welcoming HT therapy and are very supportive.