

# Healing Touch Healthcare Facility Profile

## Grant Medical Center

111 South Grant, Columbus, Ohio 43215

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Grant Medical Center is downtown Columbus' premier healthcare provider of quality medical programs and friendly, customer service. This commitment to excellence is extended throughout the entire facility as Grant has been recognized as one of the nation's Top 100 Hospitals.

Grant is known throughout Ohio for its Level I Trauma Center. Because of its regional trauma status, the hospital maintains the highest quality technology, physicians and overall team to handle the sickest and most severely injured patients. As a teaching medical center, Grant is recognized as a leader in healthcare and one of the area's finest medical facilities. Proof of this strength is clear by the recognition Grant has received:

- Awarded Magnet™ Designation for Nursing Excellence in 2005
- Rated one of the nation's Top 100 Hospitals two consecutive years
- Orthopedics program listed as a Top 100 Hospital for overall outstanding performance

Grant continues to provide community-based health programs primarily serving urban populations from pre-natal care for at-risk teens to wellness services for senior citizens.

**Type of Facility:** Hospital

### **How Healing Touch is currently being used in your facility:**

Healing Touch is used for multiple reasons at Grant. Any patient may request Healing Touch.

Physicians also order Healing Touch to assist with pain management, symptom management, and other patient benefits. Our Pain Consult Team nurses and pharmacists often incorporate Healing Touch into the plan of care for patients. Some patients have requested Healing Touch before and after surgery and all Palliative Care patients are offered Healing Touch. Also, staff use Healing Touch techniques with each other to help relieve headaches, cold symptoms, neck and back tension and other discomforts.

**Contact for HT Services:** Paula Kobelt, MSN, RN

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**Can Patients Request HealingTouch:** Yes. Staff who do Healing Touch are notified and consults are entered into our computer system.

**Physician Referral:** Yes



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**Physician Order Required:** No

**Billing for HT:** No

**Minimum Healing Touch Skill Level:** Level 1

**Healing Touch Policy and Procedure in Place:** Yes. Healing Touch is included in our Complementary Therapies hospital policy.

**When was HT Implemented and How?** Healing Touch has been practiced at Grant since the late 1990's. With the support of nursing administration and our medical staff, Healing Touch classes are offered to our staff twice a year. We currently have a large pool of staff who have completed a Level I, 2, or 3 Healing Touch class.

**Is There Marketing for HT Services:** Yes. We have educational brochures posted on the units.

**Other CAM Therapies Available:** Massage, Imagery, Drumming, Animal Assisted Activity, Patient TVs which provide relaxing music and scenery and guided imagery.

