

Healing Touch Healthcare Facility Profile

Regions Hospital

Complementary Care Therapy Program

640 Jackson Street, St. Paul, MN 55101

The Complementary Care Therapy Program is dedicated to the recovery and healing of the whole person - mind, body and spirit. The therapies are offered to reduce discomfort, ease anxiety, and to support the patient's healing process. They are offered in conjunction with the medical services inpatients receive and are part of the inpatient care package. There is no additional charge for the therapies.

Type of Facility: Hospital

How Healing Touch is currently being used in your facility:

Healing Touch is offered through the Complementary Care Therapy Program.

Healing Touch is offered to decrease pain and anxiety and to meet the holistic needs of hospitalized patients. The patient care areas currently being served include post-surgical, telemetry, oncology, and palliative care. The program will expand to include 3 more hospital units early 2008. The program is growing and requests for services are increasing. Service requests are currently being met by paid staff and through volunteers. We offer a supportive environment for Healing Touch practitioners to give back to the community while doing something they love.

Contact for HT Services: Joyce Rudenick

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Can Patients Request HealingTouch: Yes, Nurses, doctors, social workers, case managers and others on the patient care team can call the referral line to refer a patient to the Complementary Care Therapy Program. Patients can be referred for 1 or all the therapies. The paid staff and volunteers make every effort to offer at least 1 therapy to each patient requesting services. Patients often ask to remain on the referral list for the length of their stay.

Physician Referral: Yes

Physician Order Required: No

Billing for HT: Regions Hospital provides care to everyone regardless of their ability to pay. It is the goal of the Complementary Care Therapy Program to offer services to patients without an additional

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charge so that everyone is equally eligible to experience the healing therapies offered..

Minimum Healing Touch Skill Level: Level 2

Healing Touch Policy and Procedure in Place: Yes

When was HT Implemented and How? HT was implemented in September 2006 as part of the Complementary Care Therapy pilot program. The pilot was a success and the Complementary Care Therapy Program continues to thrive. The program offers inpatients the opportunity to experience HT, Reiki, Massage, aromatherapy, guided imagery, portable finger labyrinths, and/or music therapy (with a certified music therapist) as part of the “best care, best experience” Regions Hospital offers. The program also offers students of massage, Reiki, HT, and music therapy a supportive environment in which to learn and practice.

Is There Marketing for HT Services: No

Other CAM Therapies Available: Healing Touch, Reiki, Massage, aromatherapy, guided imagery, portable finger labyrinths, music therapy (with a certified music therapist)

