

Healing Touch Healthcare Facility Profile

Sharp HospiceCare

8881 Fletcher Parkway #336, La Mesa, CA 91942

Sharp HospiceCare, located in San Diego, provides comprehensive end-of-life care and compassionate support for people with a life-limiting illness that have decided, with the support of their physician and family members, to forego further curative treatment in favor of comfort measures. When a patient and that patient's family decide to use hospice services, it is not a form of giving up. Hospice is hope — hope for pain relief, daily comfort and closure with loved ones and personal affairs.

Type of Facility: Hospice

How Healing Touch is currently being used in your facility:

The CHHA department offers a complete one hour session to patients one to three times per week. Each hour long session consists of Healing Touch treatments, Chakra Connection, Mind Clearing and Magnetic passes, along with Reiki, Reflexology to the hands and feet, Aromatherapy and soothing music

In addition to the Grants for education, donations were made to purchase CD players for staff to utilize in patients homes to offer calming music while providing the treatments.

Contact for HT Services: Lisa Goodman

Phone: 619-667-1900

Email: lisa.goodman@sharp.com

Can Patients Request Healing Touch: Yes Requests go through the RN case manager. They generate an order and call our department to have the therapies initiated.

Physician Referral: Not for Healing Touch

Physician Order Required: Yes

Billing for HT: No. Integrative Therapies (Healing Touch, Reiki, Reflexology, Aromatherapy) are covered under the services we provide at Sharp HospiceCare.

Minimum Healing Touch Skill Level: Level 1

Healing Touch Policy and Procedure in Place: Yes

When was HT Implemented and How? After taking the Level 1 class in April 2005, I began creating



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a program with the help of Trina Mojica, CHHA Supervisor for the therapies to be incorporated into Sharp HospiceCare. We began with Healing Touch in 2005 and then the other modalities following.

Is There Marketing for HT Services: Yes

Other CAM Therapies Available: Aromatherapy, Reflexology, Reiki, Music therapy

Other Information: The Healing Touch experience heightened awareness of self discovery and opened a door of limitless opportunities to enhance education. Presently, our culture demands a “better” experience and in our quest to make a difference the CHHA Department made a commitment to align its goals to the SHC Systems and own the “Concern for Comfort” goal. The performance bar was raised and the demand for a “better” experience was raised to a “very good” experience. When we began the journey in 2005, we were in the 1 percentile and we are currently in the 98th percentile for “Concern for Comfort”. The Integrative Care Program offers an exceptional service to their terminally ill patients that is unique, creative, and innovative and unlike any other department within the Sharp HealthCare System and/or other Hospice agencies in the nation. The Certified Home Health Department seized the opportunity to serve above self and accepted the challenge to make a difference that has purpose and meaning.

“Sharp Hospice Care is making a difference, creating opportunities and striving to make it the best place to work, the best place to practice medicine and the best place to receive care.”

