

Healing Touch Healthcare Facility Profile

St. Mary's Hospital, Amsterdam, NY

380 Guy Park Avenue, Amsterdam, New York 12010

St. Mary's Hospital is the largest acute care hospital in the region. We treat over 260,000 outpatient visits a year. Our range of services is designed to fulfill the total healthcare needs of the community, while being the lowest cost provider. More than a hospital, St. Mary's has become a highly accessible healthcare system with four offsite family health centers and seven behavioral health service locations throughout two counties.

Founded by the Sisters of St. Joseph of Carondelet in 1903, St. Mary's Hospital is dedicated to improving the health of the entire community, providing healthcare services that address the spiritual as well as social, emotional and physical needs of our patients, with special attention to the poor and underserved.

Type of Facility: Hospital

How Healing Touch is currently being used in your facility:

In 2000, the Center for Complementary Therapies was developed. The Center, a department in the hospital, addresses the needs of persons throughout the life span from birth to death. All treatments and programs are supportive of the Mission of St. Mary's Hospital "To care compassionately for those we serve with dedication to excellence and Christian ideals." The following Healing Touch offerings are available: 1) Community based practice with HT sessions by appointment; 2) Active in-patient volunteer program; 3) HEALING TOUCH BUDDIES PROGRAM for women surviving from breast cancer, funded in part by a grant from the SUSAN B. KOMEN BREAST CANCER FOUNDATION; 4) HT workshops Level 1, 2, 3 offered throughout the year; 5) HT Level 4 & 5 offered alternate years. Research is encouraged by the Department of Nursing and hospital administration. In 2006, a randomized, controlled study was published in COUNSELOR: "The Role of Healing Touch in the Treatment of Persons in Recovery from Alcoholism." (DuBrey, Sr. Rita Jean)

Contact for HT Services: Sr. Rita Jean DuBrey, RN, MSN, HTCP/I
Phone: 518-841-7146 Email: dubreyr@smha.org

Can Patients Request Healing Touch: Yes

- 1) In-patient requests are accepted by the Center for Complementary Therapies or the Director of Volunteer Services
- 2) Community based appointment requests are made through the Center for Complementary Therapies

Physician Referral: No

Physician Order Required: No

Billing for HT: No There is no charge for in-patient treatments. Community based clients pay a fee for service.



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Continued

Minimum Healing Touch Skill Level: Level 1

Healing Touch Policy and Procedure in Place: Yes

When was HT Implemented and How? Healing Touch was implemented in 1996 as part of the Wellness Institute with a Certified HT practitioner providing treatments by appointment. The first HT workshop was offered in February, 1997.

Is There Marketing for HT Services: Yes The Director of Public Relations provides excellent support with media coverage through press releases; brochures; appointments for radio talk shows; hospital newsletter.

Other CAM Therapies Available: Hypnosis, Reflexology, Yoga

Other information you would like to include about your facility: St. Mary's Hospital is approximately 33 miles from Albany, NY. More than a hospital, St. Mary's has become a highly accessible healthcare system with four off site family health centers and seven behavioral health service locations throughout two counties. Founded by the Sisters of St. Joseph of Carondelet in 1903, St. Mary's Hospital is dedicated to improving the health of the entire community, providing healthcare services that address the spiritual, social, emotional and physical needs of our patients, with special attention to the poor and underserved. The St. Mary's Hospital Auxiliary provides ongoing support to the Center for Complementary Therapies by providing generous grant monies to the Center for Complementary Therapies, including co-sponsoring our Annual Complementary Therapies Conference for the past eight years. Additional offerings of the Center include: Reflexology, Hypnosis, T'ai Chi Chih; The Labyrinth and Centering Prayer Workshops.

