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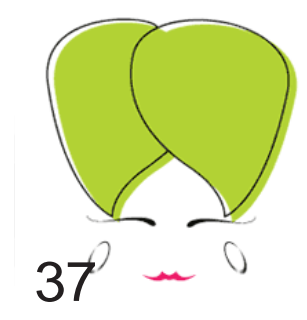
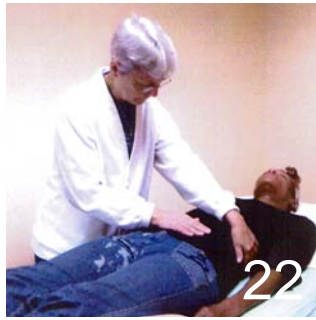


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Healing Touch Program Worldwide Conference Reflections
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Healing
Touch
Program

Celebrating
20
Years



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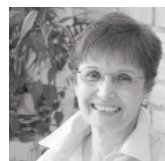
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Greetings

from Cynthia Hutchison
Healing Touch Program Director

Dear Readers,

Healing Touch Program students, practitioners and instructors joined together July 31st-August 3rd to celebrate our 20th Anniversary in community at our annual Healing Touch Worldwide Conference. Healing Touch for Animals (HTA) founded by Carol Komitor and Healing Touch Spiritual Ministry (HTSM) and Institute for Spiritual Healing and Aromatherapy (ISHA) founded by Linda Smith, joined with us as one heart in this special celebration to honor Janet Mentgen and our accomplishments, and to envision our promising future in spreading the light of HT worldwide. Carol, Linda and I were together as one heart at Janet's death four years ago (September 15th, 2005), along with Janet's son and daughter-in-law, at which time we committed to work together and support her vision. This conference felt like a promise kept to Janet on that day when she crossed the threshold to the other side. The opening and closing ceremonies at Conference symbolized our diversity and our unity as well as our continued commitment to bring Healing Touch to all people and to our animal friends as well.

This issue of Energy Magazine shares with you the usual array of informative, educational and inspirational articles (with the theme of first aid) as well as to provide highlights of our Conference so that those of you who were unable to attend can experience some of the beautiful and exciting energy of our gathering. We came together to learn, celebrate, honor, share, discuss, create, relate, deepen, network and laugh. We have included photos and summaries of some of our events, presentations and activities. Along with the many students, practitioners and instructors who came together we had some special guests at Conference: Dr. Jean Watson (keynote), Dr. Dorothea Hover-Kramer (keynote), Sue Wagner (keynote), Dr. Janet Quinn, Denise Premschak (Executive Director of the International Society for the Study of Subtle Energy and Energy Medicine- ISSSEEM), Dr. Bob Nunley (Dean of Faculty of Holos University and founding member of ISSSEEM), and Rudy Noel (known for Mind Clearing and the Hopi Technique).

A sweet and inspiring highlight was the attendance of five sisters, three who were pinned at the pinning ceremony, one who is a HTP Apprentice and one ready to begin the program.



One of our most exciting announcements included the unveiling of the book cover of HTP's new guidebook authored by Dorothea Hover-Kramer which should be ready for release by November of this year. This book includes chapters by a number of authors including James Oschman, Sharon Scandrett-Hibdon, Sr. Rita Jean Dubrey, Kathy Layte and myself as well as numerous stories contributed by worldwide HT practitioners. Endorsements will come later when we publish the book.

A second exciting announcement was informing everyone that HTP has been working on an application to NCCA (National Center for Credentialing Agencies) to become the first energy medicine program in the country to receive national accreditation status. (See pages 7 and 19). Our third exciting news was presenting the new Healing Touch children's book, My Helpful Healing Touch; A Guide for Empowering Children. This book will serve as a main tool in teaching HT to little ones. Our children's committee is actively working on courses for teens as well.

After conference about twenty-five active instructors and regional Healing Touch leaders, with several international representatives including Canada and Europe, attended an afternoon gathering to discuss how to heartfully co-create HTP into the future. Strong feelings of dedication, commitment and enthusiasm emanated as everyone shared her or his thoughts, questions and hopes for the present and future.

Cynthia



Above: (top) Cynthia Hutchison, Sharon Scandrett-Hibdon and Ines Hoster. (below) The five sisters - Patrice Willis, Rozlyn Willis Rider, Lisa Willis Peck, Clela Willis Dantin, and Susan Willis Boutte'.



Bill Badiner, BA, HTCP, is a Healing Touch Certified Practitioner and maintains a private practice in Sonoma, California. He holds a degree in Psychology from the University of Minnesota, and a degree in Applied Photography from the School of Communication Arts in Minneapolis, MN. Currently, Bill is volunteering as a complementary care giver for Hospice By The Bay, Marin/Sonoma, Ca. His article, [The Piano Player](#), is a reflective piece about one of his memorable Hospice experiences.



Barb Dahl, BSN, RN, HCTP/I, studied with Janet Mentgen in Denver in the 80's, was in the first group of Healing Touch Instructors and has taught well-over 200 workshops in the USA, Canada, and the Netherlands. This month's [Featured Healing Touch Certified Practitioner](#) is Jane Hightower. Read how Jane follows Janet Mentgen's dictum "Just Do the Work" in this month's issue.



Margaret Fowles, HTCP, CR, has been a part of a Healing Touch clinic in Bethesda, Maryland for over nine years. "It began when six of us were working toward certification and has continued all this time -- because it allows us to "just do the work" and it fosters a sense of community among students and practitioners." Her article, [A Healing Touch Clinic in Maryland](#), gives wonderful tips on how she started a clinic and how her and her colleagues have kept it going strong all this time.



Sr. Catherine Ginther, HTCP, works in drop-in centers, shelters, a house of transition, a clinic, SRO's (single room occupancy) and the streets of San Francisco and Oakland CA. She is a Sister of St. Francis of Philadelphia, a Healing Touch Certified Practitioner, and a Certified Massage Therapist. In her article, [Healing Touch - A Ministry of Caring](#), Sr. Catherine tells us "Healing Touch for me is a ministry of presence among persons who are poor, homeless and for some - the outcasts of our society."



Jane Grant is the mother of two adult sons, and grandmother of two beautiful young grandchildren. She has been an Administrative Assistant with Nursing Education, Department of Health, John's, NL for the last 28 years. Jane is a Reiki Practitioner, and student of Healing Touch and Energy Medicine. Her article, [My Story of Healing](#), is a beautiful story of how she found ways to be creative and heal herself.



Karen Heil, HTP, RYT, is retiring her freelance graphic design business in order to devote her full attention towards yoga instruction and her Healing Touch practice (currently working towards certification). She is a registered yoga teacher, with emphasis on “finding the guru within,” and a hospice patient care/vigil volunteer. Her article, Musings with the Muse, is a fun look at how she found her muse - Lady Guru.



Jane Hightower, BA, HTCP/I, DALFH/I, Jane grew up in the Orient and Europe as well as many places in the US, but feels her true adventures began when she started teaching Healing Touch in 1992. Trained by Janet Mentgen and the core instructors, she was the 11th person to be certified as practitioner and instructor. Jane is the author of this month’s Elder Wisdom article. Read her perspective of the early days of Healing Touch and working/learning with Janet.



Marilee Tolen, RN, HNC, HTCP/I, is the author of our monthly column, Money as Energy. In this month’s column, Your Desire for Money is Good, Marilee asks: What do you think of when you think of money? For most people their immediate thought is “I wish I had more”. Then there are thoughts about the money they don’t have and the things they don’t have because they don’t have enough money. As Healing Touch Practitioners who work with energy, we know that “energy follows thought” and, when we focus energy, there is more energy directed to that point of focus.

Save the Date

2010 Healing Touch Worldwide Conference
August 6th – 8th, 2010
at the Crowne Plaza, Denver, Colorado



Healing Touch Program™, Healing Touch for Animals® and Institute of Spiritual Healing and Aromatherapy will come together to once again for the annual HT Worldwide Conference.

Healing Touch Program Instructor Meeting will be Thursday, August 5th.

Post conference sessions will be offered August 9th.

Mark your calendars!

Watch for next month's Energy Magazine for more details.

Announcements & Letters



Goodbye Franny

With blessings and great thanks we bid Franny Harcey goodbye from HTP. She is now moving on to the next adventure in her life. Franny came on board with HTP as the Assistant to the Program Director in early 2007. Last year, her role transitioned and she became our wonderful Conference Coordina-

tor. Many of you got to see her smiling face and receive a warm hug from her at conference. Franny also filled many other roles such as coordinating the Level 6 classes, our Colorado Nurses Association continuing education filing and so much more. In addition she is an amazing healer. Her efficient dedication and joyful personality will be sorely missed. We are sure that her new road will be fruitful and full of energy and passion. Franny we wish you many, many blessings and much joy on your new path.



We are pleased to announce that our editor, Billy Courtney, gave birth to her daughter

Leela Zwendolyn

on August 27th, weighing 7lbs. 11oz. and 21.5" long

Leela was born at home with the aid of two wonderful midwives, Joi Brock and Stacy Lewis, her husband, Matt and her mother, Lin. Lisa Gordon was also able to attend the birth and was a wonderful support for Billy giving her Healing Touch before, during and after labor.

Special Announcement to celebrate HTP's 20th Anniversary!! HEALING TOUCH PROGRAM PURSUES NATIONAL ACCREDITATION


At the Healing Touch Worldwide Conference an update was given of Healing Touch Program's (HTP) pursuit of accreditation through the National Commission for Certifying Agencies (NCCA). Accreditation is a recognized and accepted process to insure that an organization provides quality education according to established national standards. As such, the entire energy medicine field stands to benefit from these higher standards and this pursuit offers genuine benefits for the Healing Touch Program community. (Please read the article on page 19 for complete information about what accreditation entails and its significance to the Healing Touch Community.)

Our pursuit of accreditation through NCCA was so enthusiastically received that conference participants immediately began to generously offer donations so that HTP could see fruition of this project over the next year. To date, Healing Touch Program has received \$3,440 to help us take the next step toward a completed accreditation application. Thank you to those of you who have so generously supported this important and groundbreaking goal! It is certainly not too late to contribute and your donations are needed to accomplish this \$30,000 project.

(Click here if you would like to make a donation through PayPal.)

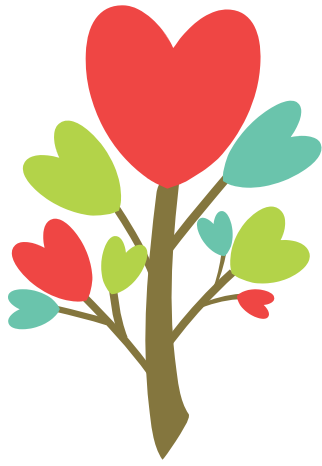
In the next few weeks, HTP will be announcing our next steps in the accreditation process and the team members who will be working to help complete the project. As we move forward through this endeavor during the next year, updates will be sent to keep the community apprised as we work our way toward our goal of accreditation through the NCCA.

Healing Touch Program, as the only standardized, most professional and oldest discipline in the modern field of Energy Medicine intends to be the first discipline accredited. The NCCA accredits most health care professions outside of medicine and nursing. This accreditation will open many doors for HTP and our practitioners! JOIN US!



*A dream you dream alone
is only a dream.
A dream you dream together
is reality.*

-John Lennon



Speaking as One Heart

Healing Touch Worldwide Conference 2009 Reflections

Out of Diversity We Gathered in Unity

by Linda L. Smith RN, MS, HN-BC, HTSM-CP/I, CCA

From our opening ritual to our closing, practitioners, friends and instructors from three distinct Healing Touch programs came to celebrate our oneness, as well as, to honor one another's diversity. For me, it was a grand coming home party where I was welcomed for the gifts that we—our Healing Touch Spiritual Ministry (HTSM) and aromatherapy practitioners—bring to enrich the work of Healing Touch in the world. We are one family—just different branches of the same tree.

We had wonderful keynote and breakout speakers who challenged us to vision how we can be better practitioners in service to the world. Even our vendors offered us hope and self-care enrichment as they shared their particular expertise with all of us. The post-conferences further enriched us by giving us opportunities to go into depth on the subjects we were most interested in pursuing.

One of the great benefits of attending a national conference is the informal networking that takes place in the corridors, over a glass of wine or iced tea, during and in-between the sessions and even in the bathrooms! I heard that one of our HTSM instructors shared a hotel room with two Canadians who now want her to come to Canada to teach. They connected not only about the work they shared but on a spiritual level where they were blessed by each other's gifts. Other connections were made as we shared with one another our gifts, talents and skills. This is what a national conference is supposed to do—inspire each other to be the best that we can be and to share the blessings of the work with one another.

It was a growth opportunity for all of us, a time to lay aside differences and to embrace one another in true joy and acceptance. I for one will carry the energy of this conference for the next year in all the classes I teach. I will continue to encourage as many of our students as possible to be at the 2010 joint Healing Touch conference where we will bring the richness of our diversity to bless the whole in unity.

below: (top) Carol Komitor (HTA), Linda Smith (ISHA), Cynthia Hutchison and Lisa Gordon (HTP) at the opening ceremony. (bottom) Lisa Gordon, holding Louis, Jean Watson, Dorothea Hover-Kramer and Cynthia Hutchison.



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Keynotes

The keynotes given at this year's conference were both inspirational and informative. Below is a brief synopsis of each.

Caring Science/Heart Science: A Caritas Consciousness Cosmology for Touching and Transforming the heart, head and hands of practitioners.

Given by Jean Watson PhD, RN, AHN-BC, FAAN, known around the world for her caring theories, philosophies and practice models. She is author, co-author/editor of over 14 books on Caring Science. Jean is a member of the HTP Advisory Board.



Her keynote was designed to awaken the human heart and soul within the context of Caritas Consciousness as a scientific, ethical and cosmological guide to HT. New dimensions of Caring Science/Heart Science offer an energetic spiritual-scientific ethic as basis for energetic Caring-Healing. The presentation drew upon the latest contemporary caring theories and research, integrated with heart-centered scientific worldviews and unitary practice models.



Above: Dorothea unveils the cover for the upcoming 20th Anniversary edition of the Healing Touch Guidebook.

organization. She has authored 6 major books on energy therapies including the most recent, *Second Chance at your Dream* filled with opportunities for the public to utilize energy concepts in the second half of life.

Creating Right Relationships: Ethics in Healing Touch Practice

Given by Dorothea Hover-Kramer, Ed.D., RN, CNS, D. CEP, well known to HTP because of her close work with Janet Mentgen in the early days of the program and her ongoing support of the HTP

This keynote addressed the implications of ethical concepts to Healing Touch practice. With focus on the dilemmas unique to energy healing practices and the most effective ways to reduce personal and professional risks. As well as to enhance HT practitioners' awareness of the many opportunities open to them in developing ethical and enlightened practices. Ethics is about the many ways we can bring our gifts to light in the practical everyday world. Risks and benefits of energy healing were explored and specific practice questions answered.

Our Instinctual Energy Fields: What Animals Teach Us About Healing

Given by Susan Wagner, DVM, DACVIM, HTA-P, a board certified veterinary neurologist whose pioneering work acknowledges the bioenergetic interaction between people and animals;



and Carol Komitor, CMT, HTCP/I, CHBMT, HTCAP, ESMT, who founded Komitor Healing Method, Inc. and Healing Touch for Animals® (KHM/HTA) in 1996. Her 13-year background as a veterinary technician and understanding of energy, through Healing Touch, inspired her to develop energy techniques for animals.

Participants learned the differences between human and animal energy fields, and came to understand that we have instinctive energies that empower us in the area of physical, mental and spiritual healing. They gave examples of how animals have helped their human companions, and discussed animal welfare as a mirror for human suffering. The session closed with a specific meditation designed to aid participants in aligning with their true vibration.

Soft-Sell Marketing your Healing Practice: Learning to Stay in Your Spiritual Heart While Letting People Know What You Do

Given by Linda Smith, RN, MS, HNC, HTCP, HTSM-CP/I, CHHP, CCA, a successful entrepreneur in developing and administering continuing educational programming in energy healing and aromatherapy. She is the founder of the



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Healing Touch Spiritual Ministry (HTSM) and the Institute of Spiritual Healing and Aromatherapy.

Her keynote addressed how energy healers and aromatherapists primarily get into this work because of a personal need for healing or a desire to help heal family, friends or pets. Often this develops into a desire to help humanity and/or animals. But how do you tell the world about the great services that you can provide? Traditional hard-sell marketing techniques are like a foreign language for most healers. What are the trade-secrets to promoting from one's spiritual heart?

Recordings of these keynote sessions as well as other sessions from this years conference can be purchased through MJB Communications at www.MJBComm.com

Behind the Scenes

by Margaret Nies, HTP Project Manager

After months of preparation with more details than I can list, conference was happening. So many people had contributed through the year - many who would be there and some who could not come. It was time to stop holding our breath and breathe deeply -- people were arriving, questions and conversations were flowing like a great river, and last minute details that remained. Franny, the amazing behind the scene's master, was on the move -- directing, explaining, organizing and making sure that every detail was managed.

Early Friday morning the registration area began filling with instructors. Hugs and warm greetings spread like a wave as more and more attendees arrived. Behind the registration table we had a staff of amazing volunteers. After a quick explanation of what was needed, they were thrown into the thick of things. They handled all that came their way with efficiency and grace. How grateful we were to have their talents and skills.

Franny seemed to know everyone and welcomed all with warmth, joy and hugs. I, on the other hand, thank God for name badges. Faces and voices I remember well, but names fly in and out of my head in seconds.

Meanwhile In the vendor room, people were meeting one another, boxes were being unpacked and products arranged. Within two hours the room was transformed from a drab, common conference room into a beautiful display of delightful and

amazing products and services. The room was filled with color, healing sounds and wonderful energy. The Healing Touch Program vendor table had it's own set of remarkable volunteers as well as Tasha from the HTP office. After a quick review of products, forms and explanations they were on their own. Their dedication and efficiency gave me the ability to try to be in six places at once. They kept saying, "Go, we are OK, we can do this."

By Friday evening, "the place was packed" with participants and wonderful energy. Conference was in full swing. The next days were a whirlwind and are somewhat of a blur in my mind, highlighted by moments that shine like points of light -- hugs, smiles,



Above: Kathy Sinnett and Rumi Hashimoto "catching up" at conference.

exchanged words, a glimpse of others sharing a treatment, the beautiful faces of two friends lost in conversation, and meetings about future projects.

Mary Duennes, our master of ceremonies, was a true gem. I truly appreciate her ability to provide a sense of levity and balance that kept us at ease and smiling as the Conference progressed.

She took in stride the announcement notes we gave her at the last minute and presented them with thoroughness and a sense of humor. In addition, she lent a hand at the registration table.

Then there was our incredibly responsive and friendly hotel staff. They checked in with us, delivered water, rearranged rooms, added chairs, adjusted the air conditioning, and served meals. Everything was delivered with smiles and friendliness. Franny and I were called *Maam* so many times it seemed like our second name.

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Ray, one of our dedicated hotel staff, came in early one morning with grief and tiredness written all over his beautiful, but usually cheerful and smiling face. We discovered he had lost his niece the evening before to Lupus. He had come to work that morning because he “wanted to make sure we were taken care of.” This was the level of service we received.

During post conference, Steven, the “Head Fred of food,” arrived at the registration desk where Mary, Franny, Perry and I were sitting - carrying a plate covered with a white linen napkin. Underneath were four forks and the most delicious and decadent piece of chocolate cake we had ever eaten. Needless to say it did not last long.

As we rode the elevator to our rooms one evening, a woman told us a story about people getting stuck in the elevator that day. “They were trapped in the elevator for 20 minutes. Two Buddhist monks in the elevator (who had a vendor table at our conference) prayed and then waived their chakra wand around and the door opened.” She looked at us and said, “It’s true. It happened.”

One participant told me that she had not attended a conference that was as relaxing and comfortable.

Another comment we received was “As I was checking out of the hotel, the staff member helping me kept talking about how much the hotel staff had liked the HTP members. She said that they were casual, but even with that they were polite, considerate, and patient. If their rooms weren’t ready when they got to the hotel, it was no big deal. They just checked their bags and went on about their way. For someone to have said this, I would guess that the HT members made a VERY good impression.”

It took all of us, the staffs of HTP, the Institute of Spiritual Healing and Aromatherapy (ISHA), and Healing Touch for Animals (HTA), the hotel staff, and each participant to make this conference what it was – a blessed time of sharing with everyone involved.

Banquet Frivolity

by Betty Petersen, RN, DSCN, HTCP/I

The many talents of our Healing Touch Community were revealed as they provided entertainment during the Banquet. One of the pleasant surprises was a very powerful opera performance by Maureen McCracken.

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Another highlight of the entertainment that produced a lot of laughs was Sherlock Holmes with her big magnifying glass looking for missing chakras. As different groups performed songs or skits for which they requested audience participation, we seemed to be getting up and down from the table with each mouthful of food. It certainly proved to be an energetic event!!



The Canadian group lead the audience in the action packed song from our Healing Touch Canada conference -- *Energy Rocks* -- written by Ron Hutton of Newfoundland (to the tune of



Above: (from top - left to right) Maureen McCracken giving a powerful opera performance; Lexi Rudenick, daughter of Joyce Rudenick, gave a wonderful performance; Sherlock Holmes and his group of missing chakras, and the “Canadians” leading the audience in *Energy Rocks*.

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Niel Diamond's *Sweet Caroline*) and the Canadian Folk Song *Land of the Silver Birch*.

The evening was topped off with Sue Hovland, dressed as an Egyptian dancer in a long flowing gown made of neckties, doing the snake dance. One never knows what hidden talents abound in the Healing Touch Community.

Not to be outdone by the adults, Lisa Mentgen Gordon's daughter, Nikki, got on stage to do her own dance version.

Above: Sue Hovland doing the snake dance

The Banquet was followed by the Healing Touch Worldwide Foundation Auction, where attendees had the opportunity to bid on many of Janet's items. The evening ended with drumming and dancing.

HTWF Silent and Live Auctions

by Donna Fink, HTCP

Healing Touch Worldwide Foundation Thanks Everyone Who Made This a Banner Year!

As we set our tables to receive the beautiful, creative and heart centered donations for this year's Auction, we wondered what stories would emerge around the pieces to create interest for the bidding. Because of the economy we wondered if we would raise as much money as last year. By the end of Saturday night we knew we had far exceeded our expectations of bids and donations.

The wonderful news from the 2009 Auction is that we raised \$6,682 which significantly surpassed last year's total of \$4,705. It is also the best year since 2005. In addition to the great response to the Auction we also received donations in the amount of \$1,320.11.

Janet's estate generously donated artifacts from her precious collections, clothes and altar pieces. The items were divided between the silent and live auctions. The stories told by each of those who had given gifts to Janet brought tears to my eyes both from laughter and empathy for the storyteller. Ladies would walk by - recognize the item - then proceed to tell me their story. Linda Smith of course had the most to share regarding the statues and bronze candle holder which she and her team purchased at fabulous prices. We are very grateful.

Our individual instructor programs offering their prized classes for auction brought in a divine source of revenue. The jewelry donated created much adieu as individuals bid on them at the last minute for the under market prices on the Auction worksheets. Rita Kluny and Roberta Davis-Lewis were a good team for the "Live Auction" with their bantering and playing with the audience. Of course they did a great job increasing the bids and heightening interest about the items. A vintage silk kimono and a handmade gold bracelet made by Rosalyn Bruyere were just a few of the relics passed on to our Healing Touch Community.

There are not enough words to say "thank you" for all the donations which made this year so successful. Your generosity towards building the Foundation is greatly appreciated. Don't forget that you can contribute to the work of the Foundation at anytime. These funds enable us to offer grants for research.

ISHA Foundation Silent Auction

by John Daughterly, MA, President

At this year's Healing Touch Worldwide Conference, the ISHA Foundation, Inc. hosted a silent auction which netted \$2,337.50 for our educational scholarship fund. Many of the Energy Magazine readers may not know the purpose of our non-profit foundation. It is to raise funds specifically for individual student scholarships to attend courses that teach about intentionality, energy healing and/or aromatherapy. To date, our foundation

has assisted 69 individuals with partial scholarships totaling \$14,900 for classes they otherwise would not have been able to attend.

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So far in 2009, we have granted 27 scholarships totaling \$5,400. So you can see the need is increasing and so is our need to raise funds to help financially strapped students attend educational courses. The ISHA Foundation also raises funds to assist Healing Touch Spiritual Ministry (HTSM) instructors who wish to take this work to third world countries and it intends to raise funds for scholarly research. So far, our efforts have been limited to student scholarships until enough funds are raised for these other worthy endeavors. To help us help others with your tax deductible contribution, go to www.ISHAfoundation.net.

Vendors

The conference vendors displayed a delightful array of products and services. During each break and before and after sessions the room was crowded as participants purchased items for themselves and gifts for those back home. Many participants took advantage of the readings and healing sessions offered.

Post Conference

Post conference this year offered a wide selection of workshops taught by leaders in the field of energy healing.

Second Chance At your Dream: Engaging the Gifts of Energy Psychology for Optimal Aging, Creativity and Health

Dorothea Hover-Kramer, Ed.D., RN, CNS, D. CEP

Energy Medicine in Surgery

Janna Moll, HTCP/I, CMT, SEM

Finding Your Authentic Vibration on The Path to Wholeness

Susan Wagner, DVM, DACVIM, HTAP

Sacred Powers: A Medical Intuitive's Perspective

Nancy Weber, RN (since 1963), private practice as a Medical Intuitive since 1975, Interfaith Minister, Touch for Health Practitioner, psychic detective

Physics and Spiritual Healing For Healers

Vicki Slater, RN, PhD

Your Thumbprint, God's Hand: Establishing a Parish Healing Ministry

Dianne Del Giorno, MALS, HTSMP, graduate work in English Education

The Rev. Joanie Delamater, MA, MDiv, HTSMP

Sherri Afryl, BS in Elementary Education, graduate work in Early Childhood Education, HTSMP

Cathryn Bashore, MA, LICSW, HTSMP

An Energetic Treatment of Allergies

Sue Hovland, BSN, RN, CMT, HTCP/I

Energy Medicine: The Leading Edge of Integrative Holistic Medicine (IHM)

Dr. Robert S. Ivker, DO, ABIHM, FAAFP, HTCP

Janna Moll, HTCP/I, CMT, SEM

"It was an honor to be involved with "Speaking as One Heart". The unity of the different aspects of our Healing Touch capabilities became quite obvious with those who gathered at this year's conference. We are all doing amazing heart-work as we help our clients with their self-healing process (two-legged and four)!"

For me, the Authentic-Self presentation was particularly fun as I saw the BIG "ah-ah" moments when people discovered the differences between the human and animal energy system.

Blessings, gratitude and a 10x's greater instinctual energy hug, Carol Komitor, Healing Touch for Animals®, Founder"

Highlights of the HTP Instructor Gathering

by Cynthia Hutchison, HTP Program Director

Over seventy HTP instructors were able to attend this year's annual instructor meeting. Many others sent their regrets and best wishes for a successful meeting and happy reunion. Since January, we have already held six Instructor Teleconferences to discuss curriculum and other issues related to teaching and community building. While the teleconferences are a wonderful way to connect, it just doesn't compare to being together in the same room, looking into each others' eyes and hearing each others' voices and laughter. We spent two hours sharing highlights of each of our lives related to HT so that everyone could know each instructor in the room in order to continue conversations, build relationships and network over the weekend. Groups and committees were introduced and provided reports: HTP Staff, Lead Instructors and Curriculum Committee, HT Certification Board and Panel, Ethics Committee, Research Chairperson and Advisory Board, Children's Committee, HT Worldwide Foundation, International Instructors, the HTP AAP Team (Accreditation Application Project) and about a dozen HT Elders.

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Kathy Layte showed us her new HT Research Power Point, now available for HTP instructors to pilot. Janna Moll discussed the upcoming Mentorship telecourse that will be available to all HTCPs. Lisa Mentgen Gordon announced the new children's book, *My Helpful Healing Touch: A Guide for Empowering Children* and the development of the Healing Touch for children classes. Jeannette Nienbar shared her progress on the development of her upcoming webinar for those interested in better understanding the physics of Healing Touch. Charlette Lev Gordon told us of her and Dan Synder's continued progress on their book for Healing Touch in the home. We heard from instructors who offer classes that provide CE contact



Above: Lisa Mentgen Gordon announcing the new children's book.

hours through HTP: Rita Kluny shared that she continues to enthusiastically teach *HT for Babies*. Sue Hovland invited all of us to take one or more of her three level popular courses on *Anatomy and Physiology for Healers*. Sharon Scandrett Hibdon and Donna Donato continue to teach Sharon's rich course on *Therapeutic Communication*. Carol Komitor, founder of HT for Animals®(HTA) and an HTP Instructor shared that she requires her HTA students to take HTP Level 1 as part of the students' requirement for their HTA Certification. Janet Quinn joined us to tell us about her new six week telecourse, sponsored by HTP, on *Touching Body, Tending Soul: Spiritual Dimensions of Healing Practice* (which started August 18th and 20th). Lisa and I announced that the new HTP guidebook authored by Dorothea Hover-Kramer (who authored HT's first two public texts) should be ready for release by November of this year.

There was so much enthusiasm for our announcement regarding HTP's path toward national accreditation status through NCCA (National Center for Credentialing Agencies) that when

one instructor spontaneously offered a generous donation to build the seed money for the project, several other instructors jumped on the bandwagon and did the same (thank you Maureen McCracken!) As stated in the announcement on page 19, \$3,440 was donated by enthusiastic practitioners and instructors within 36 hours as a start to our fundraising. We are so thankful and delighted!

Our final hour together was spent in an open forum with Lisa Mentgen Gordon and I addressing a myriad of questions, organizational issues and heartfelt sharing.

HTPA 2nd Annual Membership Meeting

by Sharon Robbins, RN, HN-BC, CCHt, HTCP

As the HTPA Executive Director, I was pleased to announce at the 2nd Annual HTPA Membership Meeting that nearly 90% of the Healing Touch Program Conference attendees were HTPA members. (The previous day I reported at the Instructor Meeting that 99.9% of the instructors were HTPA members. What a terrific testimony to the professional commitment of our HT Community!) My report included the HTPA accomplishments of the past year, particularly the establishment of the Liability Insurance Program now available through HTPA and what a huge step this has been for the professional advancement of energy modalities. This was an opportunity to welcome those who have joined and invite Linda Smith's Institute of Spiritual Healing and Aromatherapy (ISHA) and Carol Komitor's HT for Animals students, practitioners and instructors into the membership of HTPA.

Additionally, the focus of this membership meeting was to acknowledge our Elder Council members; introduce the new HTPA Brochures; encourage everyone to share the benefits of HTPA membership with their peers and actively participate in



Above: Sharon Robbins, HTPA Executive Director

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expanding our membership; show HTPA members how easy it is to create their profile on the HTPA website-member directory and describe the importance of doing so to enhance member-to-member connection and networking.

The HTPA Leadership Team who were present were introduced and a description given of the projects they are currently overseeing. Members were encouraged to join one of the following committees: Volunteer Mobilization chaired by Keela Marshall, Seattle WA; Practitioner, Instructor and Volunteer Recognition (awards to be given at next year's Conference) chaired by Dave Barnett; the development of HTPA local meetings chaired by Jim Brauner; and National Media chaired by Krista Hall (who was unable to attend). Many members have already volunteered to participate on those committees. Additional volunteers are needed and may contact Sharon via e-mail at info@htprofessionalassociation.com

It was a pleasure to announce that HTPA will be sponsoring an on-going monthly Business Support teleconferences beginning Sept. 8th and continuing every second Tuesday of the month. These teleconferences will be free for HTPA members. The cost will be \$15 for non-members and a recording will be available for \$5.00. The teleconferences will be conducted as a live interview with knowledgeable business owners and entrepreneurs with time allowed at the end for general business questions and answers. A schedule of monthly topics will be announced shortly. For more information [click here](#). This resource is for those who would like to "make a living" practicing, teaching and/or promoting the growth of Healing Touch. We welcome all.

Before closing the meeting the floor was opened for member input and questions. All members were also given an opportunity to complete a questionnaire asking for comments regarding what HTPA has already accomplished and suggestions for what direction they envision HTPA should take for the future. HTPA is committed to "serve" and support our members while we listen to what they have to say. We are extremely appreciative for all the positive acknowledgements and compliments we received and we pledge to continually expand benefits while providing more opportunities for active participation in the growth of Healing Touch worldwide.

HTP-HTPA Elder Council

The HTP-HTPA Elder Council Continues to Grow and Share Their Wisdom

This year we have expanded our Elder Council to 16 members and expect to add more as we hear from those who were with Janet during the first years of her Healing Touch program development (1989 to 1991). We were honored to have all but one with us at our recent 2009 Healing Touch Program Worldwide Conference in Denver.

Of course there are hundreds who were supporters, students, practitioners and even instructors during the early years of Janet's development of Healing Touch and we honor each and everyone who has pioneered the way for all of us who have come after. The Elder Council - as we, Healing Touch Program (HTP) and Healing Touch Professional Association (HTPA), have established it - is our way of acknowledging those who were with Janet in the very beginning and who continue to support her wishes to bring Healing Touch forward precisely as she requested her legacy to continue - through Healing Touch Program.

We are grateful to the Elder Council for agreeing to share their contact information with our entire Community so that if you have questions about their early days of working with Janet you may contact them directly ([click here](#) to download the Elder Council Roster).



Above: Some of the members of the Elders Council: Jane Hightower, Sue Hovland, Carol Komitor, Kathy Sinnett, Barb Hart, Rita Kluny, Sharon Scandrett-Hibdon, and Barb Dahl.

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Janet and the Hat

by Anne Boyd, HTCP/I

Conference 2009: THE HAT - a straw hat, which I discovered on the live-auction table during conference. This was one of many of Janet's hats (including the zillion of the beanie or close-worn type, given her during the last year or so of her life. Yes, I sent one, too.) This particular hat was of a masculine type, offset by a pink trimmed brim and button reading "Nuture Yourself." Ah, I thought as I lifted it and looked inside. I could hardly believe what I was seeing. Could it be??

I knew the auction was set for after the banquet. I determined to literally will that hat. Would anyone guess about it - or would the secret be safe? Would I capture it?

Conference flew by in a flurry of movement here and there, a wonderful phalanx of inquiring, sensitive and delightful people who belong to HTP. Manning a booth I saw it from a different perspective, caught the excitement in the diversity of our Healing Touch family, coming and going -- and was proud to be part of it.

Auction time arrived. I rushed in as it began. The hat wasn't the first item to be auctioned. There were many other things - including sacred artifacts of Janet's that brought rich reward to those of us who saw them, to the two who won the bid for them, and especially to the Foundation. Janet would have loved that her sacred objects went to members of what she considered Family.

Rita Kluny clowned throughout the auction -- helping to boost donations. Linda Smith held the sacred baton to uphold a treasure. Finally, it was time for The Hat to be auctioned. Rita brought it around, and I prayed no one but me wanted that hat dearly enough to bring me beyond my ability to win it. The bids started, a couple others were slightly interested, but I easily won it, and my heart gladdened. Yet such an unpretentious hat -- that holds, like Janet - a Magnificence of Spirit.

Holding The Hat - I looked inside again. On the band was first an outlined heart, then the word CHARLOTTE, then another heart.

I knew it was from Charlotte McGuire, the founder of the American Holistic Nurses Association (AHNA) -- the legendary Charlotte -- whom I'd had the joy of meeting in the early days of HT. (At one conference she wore a red sequined baseball cap which was auctioned later that day.)

Now here was another hat - one that Charlotte had given Janet at some point of time. What a fitting end to my Hat Story! But could this be the beginning of ANOTHER hat legend? Maybe so -- I will hold this hat proudly - it doesn't quite fit me - figuratively or literally - but I will have it on my altar until next conference at which time it will again appear in the auction.

Who will have it next? What rewards will it bring to the Healing Touch Worldwide Foundation (HTWF)? Stay tuned --

East Meets West at First Healing Touch Program Worldwide Conference

by Roberto Watts, HTCP

When Roberto (Bob) Watts and I met last year at the First Healing Touch Program Worldwide Conference, we had no idea that a conversation about Bali as we stood at one of the vendor tables would lead to our coming to the 2009 Conference as a married couple. Roberto saying that he had vacationed in Bali in 2007 led to my mentioning that I had read the book Eat, Pray and Love. This sparked an immediate interest which led to dinner and his sharing some of his photos of Bali. While the photos were being downloaded from his camera to his computer, Roberto asked if my girlfriend and I liked flute music. When we said that we did -- he played his Native American Courting Flute for us.

From that moment on our energies were really quite inseparable for the remainder of the Conference. Roberto and I exchanged phone numbers and began frequent telephone conversations between Oregon where Roberto lived and Texas where I lived. The following month he asked to visit and arrived in Texas on September 11th -- the day before Hurricane Ike hit

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Houston. So instead of having a relaxing visit taking in the natural surroundings of Houston and meeting many of my friends, we spent our time getting to know each other in a home without electricity or hot water until the day before he was to leave. Our "entertainment" was cleaning the debris from Ike and meeting the neighbors in the cul-de-sac who were doing likewise. I had been single for seven years - Roberto for nine years and both wanted to commit to a relationship but thought it would be difficult because of the distances.

We traveled back and forth between Richmond, Texas and Medford, Oregon experiencing snow storms, the unexpected death of Roberto's mother and delayed flights until February when Roberto decided to leave the beautiful state of Oregon and move to Texas -- true love for sure!!

We were making plans for an October 17th wedding in Richmond, Texas, when we decided to attend a spiritual workshop in Fredericksburg, Texas. Roberto asked me to marry him as the group was gathering to start the day. I asked the workshop leader, Katherine, if April 26, 2009 was a good day astrologically for us to get married. Well low and behold everything was beautifully aligned and she said yes.

The magical miracle was that a group of 15 people pulled together the most incredible wedding with the music of a flute, wild flowers decorating the chapel, a white wedding dress beautifully accessorized, sacred communion, Bali guest book, bridal bouquet of roses the same colors I had chosen to use in October and more. What a transformational experience at a workshop! We arrived as single people and left as a loving married couple. The following day we went into Fredericksburg and applied for a marriage license. In the future we can choose which anniversary to celebrate - or - we can celebrate both dates!

Conference photos seen in this issue of Energy Magazine are courtesy of Ginny Altmeyer and can be purchased by contacting her at photosbygrace@msn.com



Above: Roberto and Annie Watts on their wedding day

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Healing Touch Program Pursues Accreditation: *Demonstrating Professionalism, Delivering Value*

by Jeff Benson

Given today's wide array of health care providers, it is often unclear which programs adhere to recognized standards for delivering quality outcomes. Accreditation is one approach in which organizations and programs can clearly demonstrate to health care consumers and other stakeholders their commitment to accepted standards of practice.

This article focuses on the accreditation plans of Healing Touch Program (www.healingtouchprogram.com) and emerged from an interview with Janna Moll, an active contributor to the Healing Touch community as practitioner, speaker, teacher, certification reviewer, mentor, and Ethics Committee Chair. Janna is also President of Energy Medicine Specialists (www.energy-medicinespecialists.com), a leading consultancy on accreditation and other topics in the field of energy medicine.

First, what is accreditation? Fundamentally, accreditation is a voluntary process that provides public visibility on whether an organization meets recognized standards of performance.

Readers may have first encountered accreditation as it related to a college, university, or professional school they attended. Post-secondary education organizations in the US and several other nations choose to undergo regular accreditation reviews of their programs and institutions.

According to the Distance Education and Training Council (www.detc.org), a leading US-based voluntary, non-governmental, educational organization that operates a nationally recognized accrediting association, "Accreditation in education began over a century ago. The movement started as a public reaction to the extreme differences between educational institutions that initially appeared to be similar. Accrediting bodies were voluntarily organized by educators to develop and implement common policies and standards to measure educational quality."

The health care industry has a long history of adopting accreditation as a means of conveying levels of performance relative to established standards and to implement ways to continuously improve. In the US the American College of Surgeons first set standards to define suitable hospitals for surgical training in 1917. These efforts developed into a program of standardization for multiple disciplines, and in 1951 led to the formation of the Joint Commission on Accreditation of Health care Organizations (JCAHO), today known simply as the Joint Commission (www.jointcommission.org).

Among other leading health care accreditation organizations are the Commission on Collegiate Nursing Education (CCNE) for the American Association of Colleges of Nursing (www.aacn.nche.edu), the National Commission for Certifying Agencies (NCCA) of the National Organization for Competency Assurance (www.noca.org), and others. Healing Touch Program is currently pursuing accreditation via the NCCA.

The NCCA "helps to ensure the health, welfare, and safety of the public through the accreditation of a variety of certification programs/organizations that assess professional competency." The NCCA follows a peer review process to:

- * Establish accreditation standards;
- * Evaluate compliance with these standards;
- * Recognize organizations/programs which demonstrate compliance; and
- * Serve as a resource on quality certification.

Accreditation is a recognized and accepted process to insure that an organization will provide the quality of education according to established standards. As such, the entire energy medicine field stands to benefit from these higher standards and offers genuine benefits for the Healing Touch Program community.

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The remainder of this article includes the interview with Ms. Janna Moll.

(JB) What is the value of accreditation for the field of energy medicine and Healing Touch Program (HTP)?

(JM) There are two fundamental gaps in energy medicine today. The first is that no comprehensive body of information about energy medicine exists which can be understood and communicated by all. The second is a lack of standardization in education and credentialing for energy medicine practitioners. Accreditation is about establishing and communicating common standards that enable practitioners to effectively practice and clients to evaluate their health care alternatives.

While any discipline that meets the requirements can apply for accreditation, HTP is the first discipline organization in the energy medicine field to seek accreditation. By taking this step, HTP further establishes itself as the leading provider of education for energy medicine practitioners.

The focus today on licensure for many disciplines and educational programs is a means to establish standards, but also limits who can practice in that discipline as it is enforced at the state level. Accreditation on the other hand is a voluntary standard that raises the bar for the whole field, yet allows everyone to continue to practice.

(JB) Why is accreditation important to the Healing Touch Program community?

(JM) Accreditation offers benefits for the entire energy medicine community, including HTP practitioner members.

Energy medicine currently has many different therapies using what appear to be disparate energy treatments with varying degrees of efficacy to address various problems in the client. Without standards it is difficult for health care professionals to understand what energy medicine is, which among the many energy therapies would be appropriate for their client, what it may address in the physical body and, most importantly, how to communicate it to the client. For Healing Touch Program practitioners, the accreditation process establishes clear expectations regarding education and performance, raises the visibility

of your practice, and enables you to work more easily with the accreditation-oriented US health care system.

As integrative and holistic health care becomes an integral part of the services offered by hospitals and other health care providers, these organizations will also benefit. Because accreditation establishes a recognized standard of education and performance, it reduces the risk and potential liability of bringing energy medicine practitioners into a practice. It also enables providers to meet their own Joint Commission accreditation requirements for integrative and holistic medicine.

(JB) Why did HTP decide to pursue accreditation via the NCCA?

(JM) Energy Medicine Specialists first approached HTP regarding the potential benefits of accreditation for the HTP community in 2007. Following these initial discussions, HTP recognized the potential benefits of accreditation and secured accreditation consultants, identified subject matter experts, investigated accreditation alternatives, and initiated the process that is underway today.

HTP continually seeks ways to improve educational offerings by regularly updating the curriculum to make it more professional and comprehensive, adding new classes that support practitioner growth, creating a professional membership association that supports practitioners, publishing a monthly magazine to inspire and educate, providing a research website, adding nursing theory to guide our practice, offer continuing education hours for nurses, and much more.

Applying for accreditation was a logical next step for an organization committed to the professional development of its members and the discipline.

(JB) In what timeframe does HTP plan to secure NCCA accreditation and what key milestones must be achieved?

(JM) We expect that within the next few months we will complete the next key task – developing job descriptions for the Healing Touch Practitioner, Healing Touch certified Practitioner, and Healing Touch Practitioner Apprentice roles. Job descriptions utilizing our subject matter experts are required to then

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develop relevant and valid objective exam questions, which will become part of the ongoing autonomous HTP certification process.

HTP plans to pilot the certification exam by the 2010 HTP conference and within the same period have met the 21 NCCA standards required for accreditation application. HTP hopes to have the accreditation application completed within two years from initiation.

Key milestones in the accreditation process include:

- Recognizing how accreditation can benefit your community;
- Identifying and engaging the appropriate accreditation organization;
- Meeting the established standards to apply for NCCA accreditation;
- Applying for NCCA accreditation; and,
- Securing accreditation.

(JB) Once HTP is accredited, what will change for current HTP practitioners?

(JM) Anyone who is currently a HTP certified practitioner would grandfather under the existing certification processes.

However, when a practitioner's certification is up for renewal during their five-year certification cycle, they will be required to take the objective criterion-referenced exam as part of the renewal process under accreditation.

The other likely changes will be industry improvements such as greater acceptance and expanded employment opportunities....all great outcomes!

About the author:

Jeff Benson is President of Knowledge Era, a leading learning services consultancy, and has led successful learning services organizations in both the post-secondary and corporate education sectors.

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Healing Touch a Ministry of Caring



by Sr. Catherine Ginther, HTCP

What a tremendous privilege it is for me to embody God's love and tenderness on every person I encounter through my presence, my love and the touch of my hands. "Hello, my name is Catherine. How are you today?" This is the way I begin my introduction and invitation in my ministry with those who are poor, homeless or living on the fringe of society. I work in drop-in centers, shelters, a house of transition, a clinic, SRO's (single room occupancy) and the streets of San Francisco and Oakland CA. I am a Sister of St. Francis of Philadelphia, a Healing Touch Certified Practitioner, and a Certified Massage Therapist. Healing Touch for me is a ministry of presence among persons who are poor, homeless and for some - the outcasts of our society.

Prior to my coming to the Bay Area of California, my ministry was in the teaching profession for 30 years, followed by a second career as a Pastoral Associate for 11 years in a parish in Reading, PA. In 1999 I came to the Bay Area for a year of Sabbatical at the School of Applied Theology in Berkeley, CA. I was looking forward to enjoying classes and being rejuvenated.

Beginning a new career was not in my thoughts! During the sabbatical year, classes in embodied spirituality were offered by Mary Ann Finch, director of the Care Through Touch Institute, a school of massage, in San Francisco, CA. The Institute's training is in massage and working with the poor, those living on the streets and persons overlooked by our society. Opportunities for working with Mary Ann in the Tenderloin District of San Francisco, were available in these classes. That was ten years ago

and became for me a ministry of caring through seated chair massage. Early in those years I became familiar with Healing Touch through a practitioner I met while working in one of the clinics. In September of 2008, I became a Healing Touch Certified Practitioner.

Healing Touch is a beautiful way for me to be present to persons so much in need of making connections and being recognized for who they are as human beings. It is a tremendous privilege for me to embody God's love and tenderness on every person presenting themselves regardless of condition, appearance, race or culture. When I touch a person's body it is with the same kind of reverence and spiritual connection as if I was offering them a sacred anointing. It is restoring them to their dignity -- worthy of being seen, accepted and loved.

Many of my clients are destitute and have mental and physical illnesses, as well as addictions, or they are escaping from prostitution. Some are dying. Many are transient and do not return for subsequent treatment. Others frequent the facilities and choose a Healing Touch session on a more regular basis. The techniques that I most frequently use are *Magnetic Clearing*, *Chakra Connection*, and *Mind Clearing*. I use *Magnetic Clearing* because I feel it is so important to clear the layers of debris from the aura in order to free the person of all that cripples the physical body and human spirit. Following with a *Chakra Connection* reconnects and balances the physical, emotional and spiritual systems of the person and produces an over all feeling of well-being.

Very often I find they relax and fall sleep during the *Chakra Connection*. Many tell me they experience something being

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pulled off their bodies or being pulled from their feet during the *Magnetic Clearing*. The sense of “electric” or warmth moving through the body is expressed with the *Chakra Connection*, *Mind Clearing*, and for the most part, all of the techniques place the individual in a peaceful frame of mind. They are better able to interact with members of the staff or with other persons in the drop-in centers. Some will be more willing to take the risk to trust others. Others will begin to want to take the next step to better their life or living situation.

The *Chakra Spread* has assisted in helping those who have given me some indication that they want to go deeper within themselves. Almost every time the person will have some emotional release during the *Chakra Spread*. This usually results in their making changes or choices or at least looking for the necessary help that will lead to a better life. Changes or choices may not come immediately but are very often reported during follow-up sessions a week or two later.

Most of the feedback from time with my clients is a smile, “thank you,” or an expression of how good the session made the person feel. Comments such as the following reassure me of the value of energy balancing sessions with the population I choose to serve: “*You treat me like a human being.*” “*You don’t blame or shame me.*” “*You treat me with dignity.*” “*Before long you feel something change inside and then, before you know it it’s gone deeper than that. For a few minutes you let go of your thoughts and fears.*” “*I’m going to get in touch with my son. He’s always trying to track me down and I never answer him.*”

Healing Touch for me is a ministry “announcing the good news to the poor ...release to prisoners, recovery of sight to the blind, and to let the broken victims go free.” I am humbled in their vulnerability. I am blessed in their trust. I see myself in these my friends!

Here are a few stories of people I have worked with:

Kit is a 45 year-old woman who frequently comes to the women’s day drop-in center. This is a place where women can take a shower, wash clothes and have something to eat. While there they are invited to sign up for a Healing Touch session. Kit has been coming off and on since August of 2008. Kit has been off drugs and alcohol for a year and a half and has not smoked for

five months. She struggles with depression. Today her concern is about where she is living. (A deplorable roach infested single room in a hotel where bathroom facilities are shared with all who are living on the floor.) She would like to be able to move. She lives on SSI and has no medical insurance. My choice of techniques for this session included *Opening Spiral Meditation*, *Scudder*, *Closing Spiral Meditation*.

Following the treatment Kit reported feeling very relaxed and supported in her efforts to change. She feels she can look at her housing situation more calmly and seek information on options.

Another day after a session in which I used *Chakra Spread* and *Mind Clearing*, Kit said that in the week following the session she had spells of crying. She did not know why she was crying but a few days after the crying spell she felt so much better emotionally and had clearer insights about her life as it is today and how it was before losing everything to a drug habit. Presently she is working with a case manager whose help she sought to find better housing.

Billy, who is in his 60’s and recently released from years in prison, is trying to readjust to living in society. He is a regular at St. Mary’s Center, a full service program for poor and homeless seniors. Billy comes to Healing Touch for back pain, a result of an attack in the shower during his time in prison.

Billy feels he is able to bend and to walk with less pain after he has a HT treatment.

Over several sessions techniques included *Pain Management*, *Chelation of the 1st four bodies with Spinal Clearing*, as well as, *Magnetic Clearing* and *Back Techniques*, including *Vertebral Spiral* and *Hopi*. Billy says he always knows he is going to sleep better the night he has a Healing Touch session.

E.J., a victim of child and adult abuse, seems frightened and not sure she can trust anyone. She sits at a distance from



Above: Sr. Catherine offering HT to a homeless man who came to the shelter where she volunteers.

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everyone and her eyes observe everything going on around her, including every move I make. I love to give her a smile and say hello. She doesn't answer or acknowledge my presence. This had gone on for almost a year. This past March, she did not place her name on the sign up sheet but just came and sat on the chair next to the treatment table. I invited her to have a session and helped her on to the table. E.J. wears layers of clothes including hat and scarf. As I began a *Chakra Connection*, E.J suddenly lifted her head and asked me to get her gloves from the nearby cart where she had placed her belongings. At this time it isn't possible to receive verbal feedback from her. However, I am grateful that she trusts me and is allowing me to engage her in the session. My techniques included *Magnetic Clearing* and *Mind Clearing*.

Photo on page 22: Sr. Catherine offering HT to a woman at a drop in shelter where women can shower, wash clothes, get food, support and rest.

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Healing Touch Program has arranged a discount for Healing Touch Practitioners who want to be listed on this website. The discounted rate for Healing Touch Practitioners is \$60 per year (normally \$75/year). This includes a listing as a Healing Touch Practitioner and any additional modalities in which you work – from a field of over 100 therapies. This is a wonderful opportunity to spread the word about your practice for a very nominal fee. To take advantage of this opportunity, contact Sonja Torres at 303-476-1714 or join online. Be sure to mention your Healing Touch Practitioner discount code C0941214699.

My Story of Healing

by Jane Grant

In April 2009 I participated in the Healing Touch Association of Canada (HTAC) 2009 National Conference in St. John's, Newfoundland, Canada's most eastern province. The previous spring I had been asked by the planning committee to provide hand-painted 'iceberg' rocks for the conference banquet. As rock-art is an enjoyable pastime for me, I happily agreed. I spent some time searching the beaches and meadows for rocks of just the right size and shape. Off I would go with my basket over my arm like an eccentric lady picking berries. Nothing made me happier than to find a "good" patch of rocks. I soon had a fine collection, and during the long winter months I painted one at a time until I was satisfied with the finished stones. It was fun for me to see the small white "icebergs" sitting at each guest's place at the banquet tables. I was asked to come forward to talk a little about how I had started to paint rocks, and how for me they had a healing connection. As my talk had not been a prepared presentation, this is a synopsis of the story I shared with the dinner guests.

Newfoundland rocks to me are unlike any others in energy, appearance and touch. The rock here is ancient, older than the Rocky Mountains and older than the dinosaurs. I have tried to paint rocks in other places, but they do not speak to me in the same way. It has something to do with the amazing energy of this place.

In May 2000 a total shock wave hit me when I was diagnosed with an inoperable cancer tumor due to non-Hodgkin's Lymphoma. I decided to take a leave of absence from my job, so that my upcoming battle would have my entire attention. After tests, and recovery from exploratory surgery, I was walking



Above: Jane Grant holding one of her beautifully painted rocks.

along the hospital driveway to the cancer centre to learn about my chemo regimen. I looked down and picked up an intriguingly shaped rock, flat on the bottom, but solid and chunky on top, about as big as my palm. In my eyes, it resembled a miniature Newfoundland coastal island, complete with cliffs and surrounding water. I picked it up and put it in my pocket. Following my appointment, I went home, and took it from my pocket, excited with the anticipation of buying paint to bring out the image I saw in its shape.

The next day I bought some paint, and three hours later, there was my little island, with blue water and a tiny white sailboat, highlighted cliffs with grassy tops, and a tiny house overlooking the water. I realized in surprise that for three whole hours I had not even thought about cancer. The next morning and many times thereafter, I took my medication, and went to the beach in search of new stones. Of course, in my forays to the beach I connected with the ocean waves, the sparkling water, the salt air, the sun and wind. Most often I was the only one there. I would sit - sip tea by the shore - and listen to music. The cancer became smaller in my mind and my body. It somehow was no longer the central focus. In the coming months I found, washed, dried and painted over 75 rocks. I gave them away to people who liked them and sold some in gift stores.

Around the same time I also made new discoveries such as Reiki, as well as, the concept of the mind/body/spirit connection, the physical manifestation of emotional and spiritual wounds ignored for lack of wisdom, the value of meditation, quiet time, hope, and the joy of everyday beauty. Books about

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healing seemed to fall into my hands. As my reading and learning continued, I subsequently learned that creative activity raises our energy frequencies to a higher level, thus supporting the healing process. Without consciously knowing it, I had helped and allowed my body, mind and spirit to heal. During this period my sense of healing was very strong. I felt no fear and experienced no nausea or hair loss which are the most common side effects of my medication.

At this time I have been in remission for nine years. I am now a certified Reiki Practitioner, have completed several levels of Energy Medicine including Healing Touch Level 1. I love to empower and encourage others with the healing lessons I have learned, and to help people connect to their own healing potential. The universe provided a lesson in healing for me. I learned that often a serious health or life crisis is simply the stop sign which give us pause to examine the road we are traveling. I know that life still has much to teach me and I am an eager student. I know that we are all connected to one another in this adventure of life, growth and learning, just as the cells of the body are connected in a magnificent intelligence, and as we learn, we change the world in a small but significant way.

About the author:

Jane is the mother of two adult sons, and grandmother of two beautiful young grandchildren. She has been an Administrative Assistant with Nursing Education, Department of Health, John's, NL for the last 28 years. An amateur writer of poetry, articles and essays, she received the Editor's Choice Award from the International Library of Poetry, Maryland, USA in 1999 for her contest submission of "Wound," and in 2002 her submission of her observation of her mother in old age "Lady in Waiting" published by the International Library of Poetry in an anthology "The Best Poems and Poets of 2002." Jane is a Reiki Practitioner, and student of Healing Touch and Energy Medicine



October 9th and 10th 2009 Best Western Albany Airport Inn - Albany New York

The conference will be a special time for Healing Touch Instructors, Practitioners and Students to gather for learning, having fun and for sharing together their deep appreciation and gratitude for the gift of the Healing Touch Program given to us by our beloved Janet Mentgen.

For More Information and to Register
www.HealingTouchProgram.com

Keynotes:

Healer, Heal Thyself: Self-Care Solutions for Your Healing Practice and Everyday Life

Marilee Tolen, RN, HN-BC, HTCP

Tips for Manifesting Business (& Life) Success

Sharon Robbins, RN, HN-BC, HTCP, Entrepreneur

Healing From Your Spice Rack: Simple Remedies for Health

Janet Korwan, RPh, Pharmacist/Herbalist

Instructors Applaud and Support the NCCA Accreditation Project.

We call our community for involvement and financial help!

At the 2009 HTP Conference in Denver, Healing Touch Program officially announced that we are pursuing NCCA accreditation. The response from the conference participants was overwhelmingly supportive and enthusiastic. The magnitude of what achieving accreditation will mean for the Energy Medicine field, and Healing Touch Program specifically, was recognized immediately.

Accreditation will expand the opportunities for Healing Touch Practitioners everywhere and will move the Program and Practice to an entirely new level of professionalism, aligned more closely with health care.

Instructors, practitioners, and students showed their support by offering to volunteer their professional skills. When they learned that the cost of pursuing accreditation is upwards of \$30,000, they generously offered donations to support making this goal a reality as quickly as possible. Over \$3,000 was donated during the conference alone!

We would like to thank those of you who have already stepped forward to assist us and encourage the rest of you to consider helping us with this project! The impact of Healing Touch becoming accredited through NCCA, which is aligned directly with the health care field, will positively affect your Healing Touch practice, as well as help us achieve our vision of bringing Healing Touch to the world.

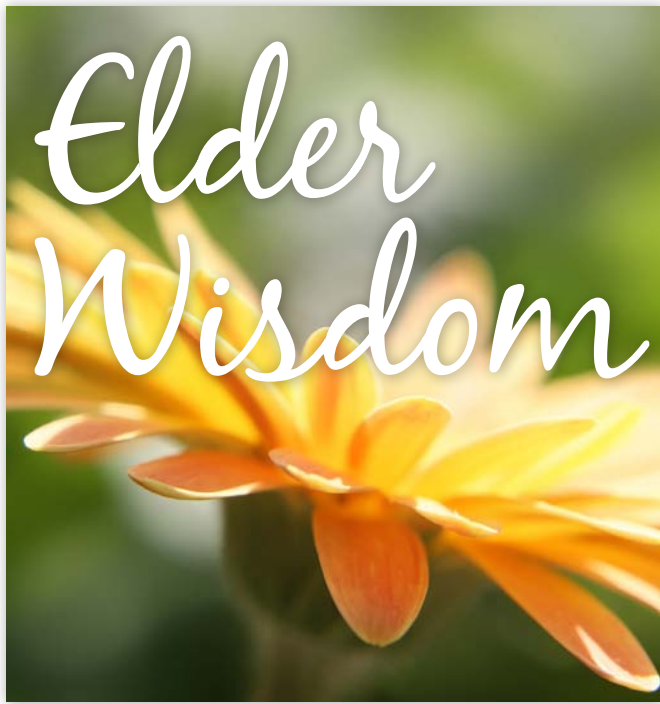
This major step into the mainstream medical community through accreditation can lead to insurance codes directly related to Healing Touch, better exposure for our program, students and practitioners, and more direct employment opportunities in health care. As well, HTP will become the first energy medicine discipline to achieve this!

We invite you to help us to change Health care in a very positive way!

Would you like to be a part of this change? Do you want to be more involved? If you want to be an active participant, or even just support it through donations, please act now!

Contact HTP to let us know what kind of skills you may have to offer and find out how you can be involved. [Click here to Volunteer.](#)

If you would like to help by making a donation to the accreditation project we have created an easy link here. [Click here to Donate.](#)



By Jane Hightower, BA, HTCP/I, DALFH/I

From Green to Gray – the Road of an Elder

The Beginning --

There I was, sitting in a circle of women, most of whom were nurses, the rest friends from a drumming group called Moon Lodge. We were in an Augusta, GA, hotel conference room. It was 9 AM on a Saturday in January, 1992, and I had no idea my life was about to change radically forever.

I had always been a bit of an odd duck – raised in a Christian household where religion was not discussed, I believed in reincarnation – that sort of thing. But I had settled into married life and motherhood and finally returned to school for my BA in psychology. The year 1986 saw me graduate from college, get a job as Lifeline Manager with St. Joseph Hospital, turn 40, and get divorced. A red letter year! Life after that was interesting but fairly normal by most standards. Then one day Linda Smith, the St. Joseph Hospice Manager, invited me to Moon Lodge, and I began to reopen to the mysteries of life.

I soon learned of Healing Touch from Linda when she helped me with pain from a cellulitis on the back of my head. She merely waived her hands over the painful area and lightly touched it, and the pain was gone. Magic! Linda was quick to correct that idea – the therapy is based on laws of physics – it just seems like magic. She told me how she had met

*This monthly article, by one of our Elder Council Members, is sponsored by Healing Touch Program and Healing Touch Professional Association. We are especially happy to bring these stories to you as part of our **20th year celebration** of Healing Touch Program. Our HT Community is rich with practitioners and instructors who were with Janet Mentgen when she created her Healing Touch Program. Many remain active today - all have experiences and stories that contribute to our "Healing Touch Historical Roots."*

HTP and HTPA have joined together to develop the historical stories of Janet Mentgen's Healing Touch Program by documenting the memories and experiences of those that were in the first classes, attended the first gatherings, witnessed the early growth and held the Vision with Janet. They supported her and blazed the trail with & for her and for those who came later. These individuals are the Elders.

Note: Because each Elder story is a unique personal memory back in time, we recognize the potential challenge of accuracy; we appreciate, accept and will publish corrections if needed.

Janet Mentgen, the founder of Healing Touch, at an American Holistic Nurses Association conference and had taken the first level of this new multi-level program. She also told me she was bringing a Level 1 class to Augusta to be taught by two nurses, Elaine Mueller and Barbara Latham. I simply had to know more and was determined to take that class.

Anne Boyd was another Moon Lodge friend, and together we attended that first Augusta Healing Touch Class, where Linda was Helper. Technique after technique, statement after statement, the old Jane, who had given up the magic of life she understood as a child, was rent apart, and a new Jane began to unfold. These two instructors were not afraid to give of themselves in total and perfect love. Linda looked on with a little smile of understanding as Anne and I were taken apart and reformed. I knew from that first weekend that, not only would I do this work always, I also had to share it with others as a teacher. Our instructors, Barbara and Elaine, saw that in the three of us and treated us as instructors in training from the beginning.

The Journey –

The next year of my life was a whirlwind of energy work. We three were in the car going to Healing Touch classes wherever we could reach them. We went as students, then as helpers. The first class I taught on my own was 14 months after my first Level 1 class. By then, I had been a student, helper, or Teaching Assistant in 6 Level 1 classes, three Level 2 classes, two Level 3 classes, and had taken Levels 4 and 6. Janet Mentgen and Dorothea Hover-Kramer were my main instructors. Those were the wild and woolly days when many of us took Level 6

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and were teaching before we even went to Level 5. Certification was not in place until the summer of 1993 when, at the Annual AHNA Conference, Janet and eight others were certified as practitioners, and Janet and 5 others as instructors. I was to receive my certification for both that fall with the certification numbers of 11:11.

Looking back over those times, it was the adventure of a lifetime. I was totally green behind the ears, so to speak, not having the metaphysical knowledge of Anne or the nursing and religious training of Linda. But the three of us supported, pushed, pulled, and loved each other through to Level 6 in seven months. We grew and obsessed and cried and shouted with joy as Healing Touch and Janet herself reformed us into healers. Each trip to a class was high adventure, learning more, spending time with Janet, Sharon, Dorothea, and other fabulous instructors. No question was left unasked. Things happened in classes that blew us away and left us gasping. We would be full and exhausted at the end of the class and then, as helpers, have to clean up the room and put everything away! I remember one Level 2 class in which I was on the table for the back work demonstration. Janet did the Hopi and pulled up and something hit the ceiling with a sharp bang. I was not allowed to pick up anything heavy after that, and Anne had to load everything into the cars by herself, including my suitcase. (She has forgiven me!) The way we came down from those weekends was Linda would curl up in the back seat to sleep and Anne and I would come unglued in the front and laugh wildly all the way home. (Linda has forgiven us, too.)

Years have passed, and we have all continued to develop as women, as healers, as teachers. For me, the most wonderful part still is teaching Level 1 classes. I enjoy all the levels I teach, but there is something about the bright eyes and great “aha” you can see on a new student’s face as realization and understanding come in – as the magic of the work makes itself known. As Healing Touch has developed into the international offering it now is, more magic has happened in the coming together of healers from all over the globe to carry the light of love and acceptance of different cultures, languages, religions, and races. All the colors of human differences come together in one grand tapestry of love.

The Present –



Above: Jane Hightower (on table) and Janet Mentgen in 1993.

At the 2008 Healing Touch conference, I was asked if I would be willing to be part of an Elder Council of those who were around in the formative years and would be willing to be resources for others. I was astounded, thrilled, honored, excited – how many words are there to express my feelings? Being asked also held up a mirror for me to look into with humility. The green behind the ears is gone and the gray underlies the color I put on my hair, that’s for sure! I think what I feel most is gratitude for being a part of Healing Touch and being able to share what I have learned and support those who are traveling the same road. At the same time, I continually learn from them as I adjust my belief patterns and hone my skills as a healer and instructor. How much I have changed, but there is more work to be done, and I keep myself in willingness to do that work.

Anne and I were asked to do the pinning ceremony for the Healing Touch Program Conference this year. New HTCPs and HTCIs were pinned and 5-year, 10-year, and 15-year pins were given to instructors. I think we both felt the enormity of this fabulous organization and what it means to the world as healer after healer came up to be recognized and then were greeted as peers by Lisa Gordon, CEO; Cynthia Hutchison, Director; and Sharon Scandrett-Hibdon, one of the Founding Elders of the program. In the audience were Carol Komitor and healers from Healing Touch for Animals and Linda Smith and healers from the Institute of Spiritual Healing and Aromatherapy – the three programs having come together to go into the future in close relationship. Dorothea Hover-Kramer and Myra Tovey, two other original core teachers of Healing Touch, as well as


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Jean Watson and Janet Quinn were in attendance at this honoring of healers “just doing the work.” This was truly one more night of magic to be remembered.


As a member of the Elder Council, Jane welcomes healers at any stage of their development to contact her at janehightower@comcast.net or (706) 860-9537.

About the author:

Jane grew up in the Orient and Europe as well as many places in the US, but feels her true adventures began when she started teaching Healing Touch in 1992. Trained by Janet Mentgen and the core instructors, she was the 11th person to be certified as practitioner and instructor. She was a manager for St. Joseph Hospital in Augusta, GA for 22 years and now works her private practice and teaches HT, Life Force Healing, and Stone Empowerment classes. She markets her book on the healing properties of stones - “Stone Empowerment: A Resource for Both the Beginner and the Adept.”



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Date	Location	Contact	Instructor
4/8-10/10	San Diego, CA	Mary Jane Aswegan 760-633-6312	Hovland

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Date	Location	Contact	Instructor
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11/6-8/09	Cincinnati, OH	Don Stouffer 513-770-4289	Hovland
5/13-15/10	Portland, OR	Linnie Thomas 503-454-0469	Hovland

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A Healing Touch Clinic in Maryland

by Margaret Fowles, HTCP, CR

We have had a Healing Touch clinic in Bethesda, Maryland for over nine years. It began when six of us were working toward certification and has continued all this time -- because it allows us to “just do the work” and it fosters a sense of community among students and practitioners.

One of the original members of the group arranged for us to meet at her church where the pastor, a woman, who is also a social worker, is very supportive of our work.

We meet on the first and third Saturdays of each month from 10:00 AM to noon. We can have anywhere from two to nine Healing Touch Practitioners who provide 40-60 minute sessions.

At first we were on a “first come, first serve” basis, but decided it would be more professional and less chaotic if people scheduled appointments. I coordinate the clinic and have done so for several years. I am the third coordinator and have had the longest tenure. I love talking to new people who call me or e-mail me about HT and it doesn't really take too much of my time.

I bring an appointment book to each clinic so we know who is scheduled for the current session. This also allows clients to schedule an appointment for a future session. Also, I call everybody the night before the clinic to remind them of their appointment.

When we decided to make appointments, we also decided to ask clients to give a donation of whatever amount they choose. We collect about \$6000 a year for the church.

We are listed on the HT websites, and have mostly gotten clients by word of mouth and through the church. I'm not sure what the number is now, but probably over 200 different people

have received treatments. Some come once, some a few times, and we have quite a few regulars.

We also decided at the beginning that only students who have completed Level 4 could work on clients. Lower level students are invited to come and work on each other, the other students and practitioners, or to just hold the light.

One final comment -- the clinic is actually held in the church sanctuary which has proven to be very powerful.

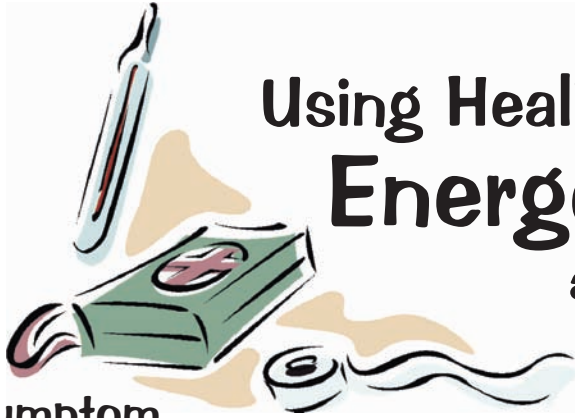
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Using Healing Touch as Energetic First Aid

a quick reference chart

by Sharon Scandrett-Hibdon

Symptom

Technique

Anxious, Restless, Agitated or Discomfort	Magnetic Passes (MP): Hands in Motion
Acute Asthma Attack Shortness of Breath	MP: Hands in Motion/Hands Still
Abrasions or Contusions	Wound Sealing, Ultrasound
Lacerations or Puncture Wounds	Wound Sealing, Ultrasound
Pain	Pain Drain, MP: Hands in Motion
Headaches	Headache Techniques
Ungrounded or Confused	Ground by holding feet
Bleeding	MP: Hands Still with pressure, Ultrasound
Bee Stings or Insect Bites	MP: Hands in Motion, Ultrasound, Wound Sealing
Minor Skin Reactions	MP: Hands in Motion
Minor Burns	MP: Hands in Motion, Wound Sealing
Bone Fractures and Sprains	MP: Hands in Motion/Hands Still, Pain Drain
Motion Sickness and Dizziness	MP: Hands in Motion, Grounding

Please Note: Healing Touch techniques are not a replacement for proper medical care, and should only be used after any acute symptoms have been stabilized and/or treated. (Chart taken from the November 2007 issue of Energy Magazine.)



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Featured Healing Touch Certified Practitioner



Mary Duennes, MA, BSN, RN, HTCP/I

by Barb Dahl, BSN, RN, HTCP/I

What brought you to Healing Touch? We listen to the stories at every workshop and marvel at the variety of paths that have led us to “the work.” When the workshops come to an end with Level 5 we “lose touch” with many of our classmates and the rest of their stories – and especially lose touch with what follows after certification. Certification, of course, is only the beginning. Healing Touch changes our lives and together we are changing the world. This column will present profiles of these agents of change.

Mary Duennes, MA, BSN, RN, HTCP/I

Just do the work.

—Janet Mentgen

When Mary Duennes’ position as Holistic Health Nurse at one Cincinnati hospital was eliminated, she found a natural fit as a Parish Nurse within the same system. Parish Nursing is a part of Good Samaritan Hospital’s outreach to the community, to churches in underserved neighborhoods. “It really gives me the opportunity to use Healing Touch and other modalities within the context of my everyday responsibilities. The pastors agreed to give us office space and other basic amenities in exchange for working with the parishioners and also the people in the surrounding neighborhoods and communities.

“I routinely do full Healing Touch sessions at the church with clients struggling with a multitude of health problems including cancer, arthritis, diabetes, and other chronic conditions. When I am working in the soup kitchen or one of the weekly blood pressure clinics, I frequently have the opportunity to do short Healing Touch interventions and teach clients self-care techniques. I also work in schools every week teaching teachers and students holistic self-care including some basic Healing Touch techniques. The work with children has been one of the biggest changes in the past five years. It has been amazing to see how open the younger children are to Healing Touch.”

Mary was hired as the first Holistic Health Nurse at Bethesda North shortly after completing Level 3 because she was well known by the nursing and medical staff having worked in the

hospital system for a number of years. Although her job title was Holistic Health Nurse, she admits “to be honest, I was really doing primarily Healing Touch since that was pretty much all I knew at the time. I had no difficulty doing my 100 documented sessions for Level 5 working 36 hours per week doing Healing Touch.”

A Healing Touch Certified Instructor, Mary taught her first Level 1 workshop in South Africa while traveling with a group organized by Mary Jo Bulbrook, RN, PhD. “It was an amazing opportunity.”

She made a second trip to South Africa where a young Zulu woman struggled with Mary’s English at times during the workshop. “She was such a wonderful healer. Her energy was wonderful and she clearly understood what was being taught based on how she did the techniques in the class. She had tears in her eyes as I gave her the certificate – somehow she had worried about having to pass a written test and was not sure she could do it and didn’t think she’d get a certificate. She earned that certificate and it was my privilege to hand it to her.”

Mary also completed year long training in Multicultural Wellness Education with Capacitar International, a network connecting people on five continents with an office in California and an international team of trainers. The Capacitar International

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program (www.capacitar.org) teaches body-mind-spirit practices including Tai Chi meditation, Pal Dan Gum and body movement, visualization and breath work, active listening and simple psychotherapeutic skills, Emotional Freedom Technique, chakra and energy work, and other wellness modalities.

For Mary Capacitar was a natural progression in terms of holistic care. She was attracted to the simplicity of the approach, thinking she could use it with some of the women's groups in her Parish Nursing. On a return trip to Africa, Mary and Pat Cane, Capacitar founder, taught a weekend Capacitar workshop for a group of about 65 Catholic sisters in Lesotho, a small kingdom surrounded by South Africa. "I was struck by how exhausted they were and how wonderfully they responded to energy work."

"I have found that the Capacitar approach, using popular education methods, works well when you have limited time with a group and you want to teach something that is useful and simple enough to be easily taught to others. It also works when there is a language barrier or people may not have the gift of literacy." Mary recalls a young man who had been part of a training she did for a large group of lay community health workers in Pietermaritzburg, South Africa. Asked how he thought he might use what he had learned, he replied 'I will teach my children.' "And what greater gift for me as a teacher."

Another endeavor to bring holistic health and wellness to schools was birthed while Mary was completing her training program. "While I was doing my Capacitar training, my Parish Nurse Manager and I discussed the idea of trying to integrate these practices into schools. We applied for and received a three year grant to teach the Capacitar practices to teachers in several pilot schools so they could integrate them into the school day to help the children deal with the stress and trauma of their young lives." Mary and Pat Cane co-authored a teacher's manual and Mary produced a DVD training video of herself with some of the children doing the practices.

"The work has continued since the grant ended. I continue to visit one of the pilot schools monthly. I include simple Healing Touch. *Magnetic Passes: Hands-In-Motion, Hands Still, Pain Drain*, and *Ultrasound* are easy to teach people of any age, as are the Capacitar practices." Mary also just received a one year planning grant (July 1, 2009 – June 30, 2010) to explore integrating holistic practices such as Capacitar and Healing Touch into already existing Violence Prevention programs offered by the YWCA. The focus will be to work with YWCA staff involved

in programming and train them so they can use and teach the practices with groups and individuals.

If that isn't enough, Mary frequently facilitates a monthly Healing Touch practice session that "is well attended and has evolved over the years to the point where it happens pretty much on its own with whoever comes through the door. When I am there I make an effort to work with new Level 1 students to reinforce their learning." She is also involved with the planning of the annual fall gathering for the local Healing Touch community in the Greater Cincinnati area.

In 2007 she invited Lisa Gordon and Cynthia Hutchison to come and discuss the Healing Touch Program and future plans. She is currently mentoring two Level 4 students and just finished co-mentoring an applicant for Healing Touch certification. For the past several years she has coordinated the Levels 4 and 5 workshops in Cincinnati to help make this opportunity available locally for students.

Healing Touch workshops are offered through TriHealth several times a year and volunteers at both hospitals do Healing Touch in the acute setting. Mary reports that Bethesda North Hospital has a very strong volunteer program due to the efforts of Joan Stouffer who orients all new Healing Touch volunteers and continues to volunteer there on a regular basis. "Joan started volunteering with me when I was working there as the Holistic Health Nurse and she took on the added responsibility after my position was eliminated."

We can see why Barbara Litchfield nominated Mary Duennes for Energy Magazine's Practitioner Profile as a "leader of Healing Touch in the Cincinnati area." You can contact Mary at mduennes@att.net.

Who would you like to see acknowledged in the Practitioner Profile? We want to honor the vast and varied contributions of our Healing Touch Practitioners. It might be YOU! Please send your recommendations to Barb at barbdahl@aol.com.

About the author:

Barbara Dahl, BSN, RN, HTCP/I. Barb is an Elder in the Healing Touch Program. She studied with Janet Mentgen in Denver in the '80's and was in the first group of HT Instructors. She has taught extensively in the U.S., Canada, and The Netherlands, and presented twice at annual HT Conferences. A graduate of Case Western Reserve University in Cleveland, Barb lives in Seattle and is retired from a thirty year career in acute care nursing.

MONEY AS Energy

by Marilee Tolen, RN, HNC, HTCP/I

Your Desire for Money is Good

What do you think of when you think of money?

For most people their immediate thought is “I wish I had more”.

Then there are thoughts about the money they don't have and the things they don't have because they don't have enough money. Usually there is substantiation as to why there is not enough, for example “My job only pays me____,” “I couldn't do_____.”

The focus is on lack and limitation. Today, in our current economic climate, this thinking is everywhere.

As Healing Touch Practitioners who work with energy, we know that “energy follows thought” and, when we focus energy, there is more energy directed to that point of focus.

Knowing this, doesn't it make perfect sense NOT to entertain thoughts about not having enough money? Absolutely!

We should focus on what we have, and more importantly, what we want!

According to Abraham, a non-physical consciousness channeled by Esther Hicks (writings can be found at www.hayhouse.com), if we want to increase our wealth and abundance, it is good to allow ourselves to feel the desire of what we want and allow the Law of Attraction to bring it to us.

I have to admit, for a long time, even while working with Prosperity Consciousness, I held myself back from “wanting” and “desiring.” Somewhere along the way I got messages that our

“wanting something” puts it in the future and keeps it there - that we should claim it as if it is ours in the present. But there was always that little conflict inside – the part that says “Hey, I know that's not true!”

So where do we go with that? Abraham says – just DESIRE. Let yourself feel the desire for what you want and, with faith and belief, it will be brought to you.

We allow ourselves to feel the desire for wellness and healing all the time, don't we? But we are more hesitant feeling desire for more money or material goods, right?

Begin to allow yourself to feel the desire for more money, more of whatever you want in your life. Then put it in greater hands than yours. Allow the Law of Attraction to respond to your desire – and fill your life with MORE!

A note from Cynthia Hutchison, HTP Program Director:
Think about why you want or need more money. Most of us in energy medicine in the healing arts, especially energy medicine, are actively engaged in some sort of spiritual practice which includes a moral component in our life related to sharing our abundance - doing no harm to others - having a desire to serve - being good stewards of the money, property and material possessions that we do have. Therefore, the desires most healing arts practitioners have about money also fit within a model of moral and ethical behavior regarding how they would use more money. Money that comes to a moral person will be used in a moral way.

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Marilee will be offering her popular Intro to Internet Marketing Course for Healers, Nurses, and other health care / healing arts practitioners starting in October. To learn more and get your Free Report on 12 Reasons to Market Online, go to <http://www.introtointernetmarketing.com>



 About the author:

Marilee Tolen is board certified in Holistic Nursing, a graduate of the Barbara Brennan School of Healing Science, completed Intuition Training with Caroline Myss, and has practiced and taught Healing Touch for over 12 years.

She has integrated abundance and prosperity principles into her professional life for three decades. Her studies of the energy of money became her specialty at the Brennan School in

1996 as demonstrated in her thesis "Currency As Consciousness" ©. She is a contributing author to the recently acclaimed award winning book Invitation to Holistic Health: A Guide to Living a Balanced Life (Bartlett and Jones) writing the chapter on "Financial Health."

Marilee has taken her healing work to the World Wide Web and has created a virtual community for holistic health care professionals and others interested in natural healing.

She is now teaching marketing for healers helping them to launch (or re-energize) their practices. Her e-book "Eight Steps to Kick Start Your Practice" http://snipurl.com/8steps_ebook is now available and her very popular course in Internet Marketing <http://www.introtointernetmarketing.com> has been successfully attended by many in the Healing Touch community.

Follow Marilee on her new podcast program The "Green Tea with Marilee" Show at <http://www.GreenTeawithMarilee.com> and sign up for her free Tips of the Week at her website <http://www.HomeSpaLady.com>.

My Helpful Healing Touch

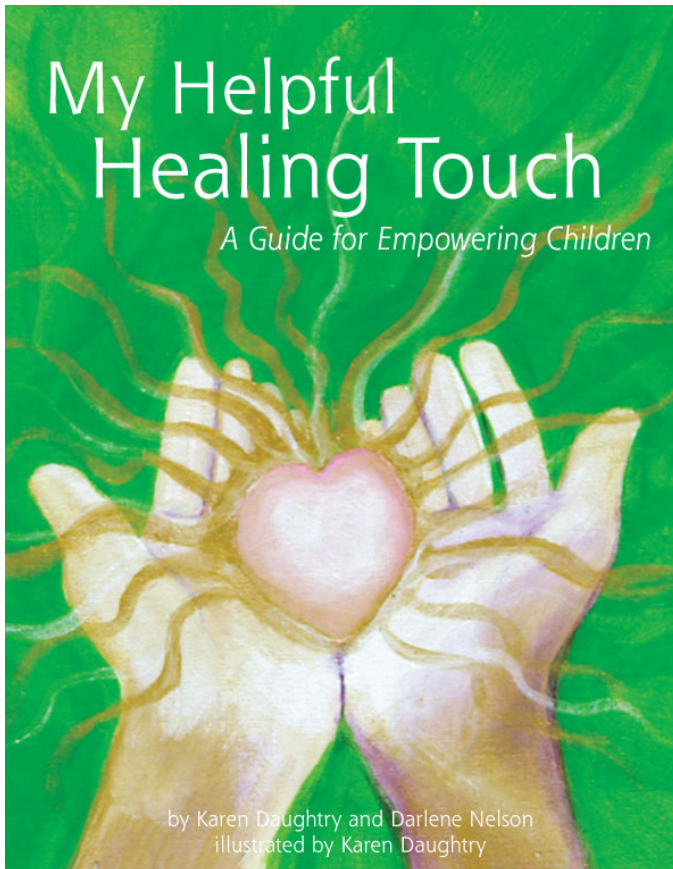
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This little book is a great collection of healing wisdom for 'children' of all ages." -- M.H., Glenview, IL

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Musings with the Muse

by Karen Heil, HTP, RYT

Sometimes inspiration comes to us at seemingly random times. But, honestly, is ANYTHING really random? Several years ago during a critical transitional point in my life, I found myself up against brick wall after brick wall. It seemed that no matter what I tried to do, efforts were thwarted by some unforeseen circumstance, leading me right back to where I started – to that \$64,000 question: What am I supposed to DO with the rest of my life? So finally, the only place I had left to go was within, and it was there I heard the words “Be still and listen... be still and listen.”

One afternoon, during an impromptu visit with a friend at her stationary store, I found myself inspired by her encouragement to consider expanding my artistic talents. Back home, I immediately felt called to create. I felt the urge to put forth what was beginning to swell from deep within. I had been on this journey of awakening -- receiving energy work, practicing yoga, meditation, holotropic breathwork, dream analysis, talk therapy. I knew I was on the cusp of the culmination of all my experiences and something was about to be birthed -- her name is Lady Guru. Wielding a turban, hoop earrings and pink lips she whispered to me “Be still... and suddenly you are traveling to places you’ve never been!”

I then started hearing words like: reach, expand, stretch, believe, trust, contemplate, and it seemed I couldn’t draw her dainty figure fast enough to illustrate each inspirational affir-



mation that was literally being downloaded from some higher source. Eventually, after some information gathering and testing the local market after creating just four prototype greeting cards, I began expanding on what the Lady had to offer. To date: 20 affirmation greeting cards, six prints and in my 49th year, we (meaning myself and the muse) manifested the Lady Guru Chakra affirmation card deck. This had been in the works for some time, but when I got word from Woman's World magazine that they wanted to feature the card deck in an article they were writing on affirmations, the project immediately moved to the front burner. I created 49 cards (age 49!) devising seven suits - one for each chakra with corresponding color, yoga posture and affirmation.

During this journey, as I asked to be guided, I opened up to trust not knowing where things were leading. Today, I am teaching yoga and working towards my Healing Touch certification while looking forward to cultivating a professional practice, as well as, offering HT as a hospice volunteer. I know Lady Guru played a huge part in finding my way towards Healing Touch. My husband and I have also recently sold our home so we can build a healing retreat sanctuary in Costa Rica slated to open in 2011. A far cry from where I was that year - up against all those brick walls with my name on them!

This process (as it continues to unfold) shows me that the only way we can truly find our calling is to “be still and listen” to the deeper voice within - a voice that resonates, even if it stirs up a little fear. Fear, perhaps, of not being good enough, of failing, of alienation or even fear of success. Only when we can commune

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with our higher sources from our heart, rather than from our head or from that place we think others expect us to be, can we enjoy the fruits of our spirit and all the gifts the universe is just waiting to bestow upon us. We have it ALL WITHIN us, and as Lady Guru will tell you, we only need to “Open...and suddenly you are unwrapping your greatest gift, YOU!”



Above: Karen's Lady Guru Chakra Affirmation Card Deck

About the author:

Karen Heil, HTP, RYT is retiring her freelance graphic design business in order to devote her full attention towards yoga instruction and her Healing Touch practice (currently working towards certification). She is a registered yoga teacher, with emphasis on “finding the guru within,” and a hospice patient care/vigil volunteer. She and her husband, Greg, are currently in the process of manifesting a wellness retreat facility in Costa Rica that will provide sacred space for spiritual growth and healing.
www.ladyguru.com
ladyguru.blogspot.com

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The Piano Player

by Bill Badiner, BA, HTCP



I was new to hospice, volunteering as a “complementary care giver.” My experience working with the dying was limited, and I felt anxious. My assigned patient, SP, resided in a skilled nursing facility. She was a 78 year old female who, I was told, was “declining.” This meant she had six months, or less, to live.

As I walked into the facility, my first impression was one of surprise. A group of residents were gathered in a large party room, being entertained by a piano player, singing a version of “House of The Rising Sun,” by Eric Burdon and the Animals. Something just didn’t seem right. This was a song written in the late 60’s, listened to by underaged kids who were juiced on methamphetamines. Here I was, reflective, ready to do serious energy work, and this guy was singing to the sick and dying about a house of prostitution. Could he be that insensitive? It all seemed so surreal; I stood there frozen. The residents were very quiet, some appeared disconnected. One man was wheeling around, his head protected by a helmet. After the song, there was silence, no clapping. I wondered if the residents were also confused about the selection of this song, questioning its relevance.

Feeling apprehensive, I went to room 30B. Although the facility was very clean, there was a lingering smell. It was unpleasant, and I began to wonder if I was well suited for this kind of work. I introduced myself to SP, who was alert and sitting in her wheel chair. She was unimpressed with me and was indifferent as to whether I did, or did not do, a session. She told me she felt like “jumping off a bridge.” I felt like leaving, but where was I going to go? I had no idea what technique would be appropriate for this situation. I took the path of least resistance and proceeded to do a *Chakra Connection*. It was hard, but I knew I had to stay heart centered and focused. I was accustomed to my clients lying comfortably on a massage table, eager for their energy

centers to be balanced. I was used to being able to rotate the client at will, moving him or her so that I could touch the exact point at which the chakras would transform energy to a frequency at which the cells would resonate. No, this was going to be a very different experience. I had learned my first lesson - in some situations, I would have to adapt and work with what was given to me. I made it through the connection and was grateful that SP didn’t ask me to stop. She said I could come back, and I felt successful. I didn’t want to report to the coordinator that I had been turned away. Lesson number two - I would take the small triumphs.

The next four sessions went more smoothly. SP appeared happy to see me and seemed to relax during the sessions. At times during the session, her eyes would close and a delicate smile would appear on her face. Again, I eagerly accepted the small things.

Hospice had provided for a limited amount of Healing Touch sessions for each patient. I decided to tell SP that we had only three sessions remaining. She seemed comfortable with this. However, her health was deteriorating. She refused to get out of bed, and would not feed herself.

As I went to my final sessions, the charge nurse greeted me and said that SP would be happy to see me. She was maintaining. SP was, in fact, happy to see me and seemed eager for our sessions. She smiled and told me to pull up a chair. At this point, I had put aside much of what I had learned regarding technique. Whether or not I was effectively balancing or recharging chakras, or releasing accumulated auric debris from her system, I really did not know. I had stopped interpreting. What I did know was the relaxed smile on her face as I cupped the soles of her feet. I knew that when I made the connection between her ankle and knee, her leg would spasm, and I had

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been told it had nothing to do with her medical condition, nor her medication. I knew that when I held her weightless hands, there was a slight clutch as if she did not want to let go. I knew that when my hand was on her heart chakra, she would always close her eyes, and she seemed at peace. I had learned very well to attend to the small successes. The small things could be overpowering. There were signs everywhere that Healing Touch was something special.

I was apprehensive about our last session as I knew that I had to say goodbye. The charge nurse told me that SP was in good spirits. As before, she greeted me with a smile and told me to pull up a chair. I proceeded to tell her how much I had enjoyed our time together, and reminded her that this was our last session. However, I was unprepared for her response. As she lay in bed, her gaze affixed to the ceiling, her eyes began to well with tears. Every once in a while there is a defining moment with a client when I know that a connection has been made. At that point nothing else matters, neither the method used, nor the technique. Results are incidental. For me, it is a feeling that I have become one with the client. It is almost as if a surge of electrical current, something much greater than I, has infused my system. Maybe it is a feeling of grace - I do not know. But this was one of those moments. I realized that I had made a difference. However, SP was upset, and I was totally unprepared.

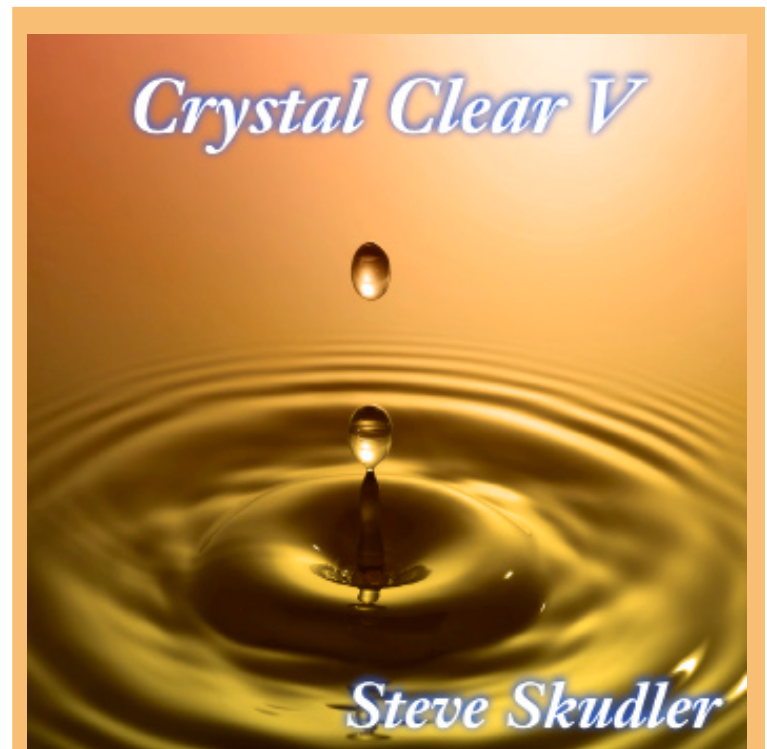
She refused to look at me. It was as if I had given her new news. I asked her if she would like to do a session, and she refused. She was more upset than I had anticipated, and I did not know what to do. I felt like a child who just wanted to run. I glanced straight ahead and noticed that there was a blank space on the wall next to her bed - perfect for a picture. I told her that I used to work as a photographer and asked her if I could give her a nature photograph for her wall. She seemed to like this idea. I told her I lived a few minutes away and would be right back. I rushed home, retrieved a photograph of a purple iris in full bloom, and brought it back to the facility. As she lay in bed, she held the picture above her face for quite some time, and finally responded, "this is beautiful." I told her that now she had something to remember me by, and she responded, "I could never forget you." We put it on the wall. With that, I gave her a gentle kiss on the forehead; she smiled, and we said our goodbyes.

I had learned lesson number three. The piano player knew what I had to learn. It didn't matter what song he played, any more than it mattered what technique I administered, or the order in which I applied the techniques. Sometimes all that matters is one's presence, just showing up. That's it; some people refer

to it as "bearing witness," being willing to sit in the presence of another's suffering, without judgment, without expectation. The piano player understood this all along.

About the author:

Bill Badiner, BA, HTCP, is a Healing Touch Certified Practitioner and maintains a private practice in Sonoma, California. He holds a degree in Psychology from the University of Minnesota, and a degree in Applied Photography from the School of Communication Arts in Minneapolis, MN. Currently, Bill is volunteering as a complementary care giver for Hospice By The Bay, Marin/Sonoma, Ca. His article, The Piano Player, is a reflective piece about one of his memorable Hospice experiences.



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Date	Location	Coordinator	Phone	Email	Instructor
Intro					
9/18/2009	NC Charlotte	Pardee Henderson	(704) 806-0146	pardee@carolina.rr.com	Pardee Henderson
9/23/2009	MI Stevensville	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
9/24/2009	MI St. Joseph	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
9/26/2009	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
9/30/2009	NC Charlotte	Pardee Henderson	(704) 667-1400	pardee@carolina.rr.com	Pardee Henderson
9/30/2009	MI Benton Harbor	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
11/18/2009	NC Charlotte	Pardee Henderson	(704) 667-1400	pardee@carolina.rr.com	Pardee Henderson
12/9/2009	NC Charlotte	Pardee Henderson	(704) 667-1400	pardee@carolina.rr.com	Pardee Henderson
Level 1					
9/10-11/2009	CO Colorado Springs	Ginny Altmeyer	(719) 233-0300	photosbygrace@msn.com	Cynthia Hutchison
9/11-12/2009	OH Youngstown	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
9/12-13/2009	IL Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
9/12-13/2009	MI Traverse City	Jody Olsen	(231) 631-9985	nurturingsteps@charter.net	Barbara Starke
9/12-13/2009	TX Fort Worth	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
9/12-13/2009	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
9/12-13/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@mindspring.com	Ines Hoster
9/12-13/2009	WA Spokane	Sharon Fletcher	(509) 328-3337	shatir444@comcast.net	Sharon Fletcher
9/18-20/2009	CA Walnut Creek	Carol Kinney	(418) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
09/19-20/2009	OR Tualatin	Linnie Thomas	(503) 454-0469	linthom@juno.com	Linnie Thomas
9/19-20/2009	MD Glen Burnie	Tracy Miciche	(410) 721-7805x3	tmiciche@verizon.net	Nancy Lester
9/19-20/2009	NC Asheville	Denise Anthes	(828) 275-5949	denise.anthes@msj.org	Denise Anthes
9/19-20/2009	MI Farmington Hills	Kathy Sinnett	(248) 629-5242		Barb Starke
9/19-20/2009	CO Ft Collins	Lauri Pointer	(970) 484-2211	Impointer@aol.com	Lauri Pointer
9/25-27/2009	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Keela Marshall
9/25-27/2009	MB Winnipeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
9/26-27/2009	WA Ellensburg	Teresa Luft	(509) 306-9581	luftrailers@elltel.net	Barb Dahl
9/26-27/2009	ME Fort Kent	Danielle LeBlanc	(207) 834-2837	Dlitearrow@aol.com	Yolande Boule Douglas

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
9/26-27/2009	OH Cincinnati	Daniel Snyder	(513) 221-1660	dsnyder004@cinci.rr.com	Daniel Snyder
9/26-27/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon
9/26-27/2009	Stuttgart, Germany	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Renate Reichenberger
10/2-4/2009	AB Calgary CAN	Lori Kelly	(403) 565-2018	therapeuticbalancing@gmail.com	Betty Petersen
10/03-04/2009	IL Chicago	Janice Senra	(847) 673-2909	jsenra4440@comcast.net	Marcia Bregman
10/03-04/2009	DE Wilmington	Victoria Stewart	(443) 454-9018	victoriachtp@yahoo.com	Tina Devoe
10/3-4/2009	PA Oxford	Victoria Stewart	(610) 723-1725	victoriachtp@yahoo.com	Tina Devoe
10/3-4/2009	PA Philadelphia	Jean M White	(215) 750-8884	jeaniew@comcast.net	Jean White
10/3-4/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@mindspring.com	Ines Hoster
10/3-4/2009	WI Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Rosann Geiser
10/3-4/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
10/9-10/2009	OH Medina	Elaine Nichols	(330) 618-2573	efnichols@zoominternet.net	Nancy Strick
10/9-10/2009	OH Medina	Elaine Nichols	(330) 618-2573	efnichols@zoominternet.net	Nancy Strick
10/10-11/2009	WY Jackson	Lark Wells	(307) 840-2214	larkspurwyo@yahoo.com	Jackie Page
10/10-11/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
10/14-15/2009	AB Lethbridge CAN	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Petersen
10/16-17/2009	Munich, Germany	Petra Berger	089-850-9254	pberger2@gmx.de	Ines Hoster
10/16-17/2009	OH Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cincii.rr.com	Theresa Kajs
10/17-18/2009	TX Austin	Susan Russell	(305) 360-0862	synergisticbodywork@hotmail.com	Susan Russell
10/17-18/2009	SK Swift Current CAN	Joanne Ross	(780) 463-1553	joanne.ross@shaw.ca	Betty Petersen
10/17-18/2009	MD Frederick	Krista Hall	(301) 845-1084	khealenergy@comcast.net	Krista Hall
10/23-24/2009	CO Colorado Springs	Ginny Altmeyer	(719) 233-0300	coshealingtouch@gcom	Joy Heartson
10/23-25/2009	AB Edmonton CAN	Joanne Ross	(780) 463-1553	joanne.ross@shaw.ca	Betty Petersen
10/24-25/2009	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
10/24-25/2009	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
10/24-25/2009	MO St Louis	Toni Schmidt	(314) 520-3416	tonifive@gmail.com	Linda Elaine Smith
10/24-25/2009	NC Asheville	Denise Anthes	(828) 275-5949	denise.anthes@msj.org	Denise Anthes
10/24-25/2009	NV Reno	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
10/24-25/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
10/26-27/2009	OH Hudson	Nancy Strick	(330) 656-3425	nancy@healingtouchhudson.com	Nancy Strick
10/30-11/1/2009	AB Calgary CAN	Mount Royal College	(403) 440-3833		Betty Petersen
10/31-11/01/2009	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreght@gmail.com	Marcia Bregman
11/1 & 11/8/2009	IL Elmhurst	Mary Sinclair	(630) 913-9090		Mary Sinclair
11/6-8/2009	PA Lancaster	Dottie Graham	(757) 890-2940	GISAofVA@aol.com	Dottie Graham
11/7-8/2009	CA Long Beach	Katrina Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
11/7-8/2009	YK Whitehorse CAN	Judi Urquhart	(867) 633-2493	urquhart@kloniker.com	Betty Petersen
11/7-8/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Determined
11/7-8/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
11/14-15/2009	PA Gettysburg	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
11/14-15/2009	AZ Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
11/14-15/2009	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	To Be Determined
11/14-15/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon
11/14-15/2009	Berlin, Germany	Beate Grabow	07022 56 03 81	beategrabow@online.de	Renate Reichenberger
11/20-22/2009	MO St Louis	Ann Kaufmann	(314) 647-8080	ann@hacmassage.com	Linda Elaine Smith
11/20-22/2009	NT Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
11/21-22/2009	WA Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Bernie Clarke
12/05-06/2009	MD Frederick	Krista Hall	(301) 606-4647	khealenergy@comcast.net	Krista Hall

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
12/12-13/2009	OR Portland	Constance Hammond	(503) 348-2557	revcah@earthlink.net	Constance Hammond
1/9-10/2010	IL Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
1/21-22/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
01/23-24/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	katrina.shibata@gmail.com	Rumi Hashimoto
1/30-2/6/2010	AB Calgary CAN	St Davids Church	(403) 284-2276		Betty Petersen
2/13-14/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
2/26-28/2010	MB Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
3/19-21/2010	AB Lethbridge CAN	Lethbridge Community C	(800) 572-0103		Betty Petersen
03/20-21/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	katrina.shibata@gmail.com	Rumi Hashimoto
5/29-30/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	katrina.shibata@gmail.com	Rumi Hashimoto
Level 2					
9/5-6/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
09/12-13/2009	OR Portland	Constance Hammond	(503) 230-2331	revcah@earthlink.net	Constance Hammond
9/12-13/2009	CA Lafayette	Carol Kinney	(415) 484-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
9/12-13/2009	WI Pewaukee	Jacyntha Shaw	(262) 538-3813	jacyntha@voyager.net	Marcia Bregman
09/19-20-2009	TX Houston	Bonnie Morrow	(281) 856-8340	healingtouchtv@aol.com	Bonnie Morrow
9/19-20/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
9/26-27/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@mindspring.com	Ines Hoster
9/26-27/2009	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
9/26-27/2009	OH Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
10/3-4/2009	VA Fredericksburg	Ren Fields	(540) 371-4555	ren4yoga@aol.com	Maureen McCracken
10/09 & 11/2009	CA San Diego	Margie Miller	(858) 538-2574		Margie Miller
10/09 & 11/2009	CA San Diego	Margie Miller	(858) 538-2574	margiehitouch@hotmail.com	Margie Miller
10/17-18/2009	OR Tualatin	Linnie Thomas	(503) 454-0469	linthom@juno.com	Barbara Dahl
10/17-18/2009	FL Homestead	Aleida Drozdowicz	(305) 505-6646	adrozdowicz@aol.com	Aleida Drozdowicz
10/17-18/2009	TX Carthage	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
10/17-18/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Determined
10/17-18/2009	Stuttgart, Germany	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Renate Reichenberger
10/17-18/2009	CO Ft Collins	Lauri Pointer	(970) 484-2211	lmpointer@aol.com	Lauri Pointer
10/23-24/2009	CT Greenwich	Beth Wright	(203) 561-4883	beth@bethwright.net	Tina Devoe
10/23-25/2009	VA Suffolk	Dottie Graham	(757) 890-2940	gisaoftva@aol.com	Dottie Graham
10/24-25/2009	OH Cincinnati	Daniel Snyder	(513) 221-1660	dsnyder004@cinci.rr.com	Daniel Snyder
10/24-25/2009	WA Spokane	Sharon Fletcher	(509) 328-3337	shatir444@comcast.net	To Be Determined
11/01 & 08/2009	IL Chicago	Janice Senra	(847) 673-2909	jsenra4440@comcast.net	Marcia Bregman
11/6-7/2009	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
11/7-8/2009	IL Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
11/7-8/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
11/13-14/2009	OH Cleveland	Nancy Strick	(330) 656-3425	nancy@healingtouchhudson.com	Nancy Strick
11/13-15/2009	AB Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
11/14-15/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
11/14-15/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@mindspring.com	Ines Hoster
12/4-6/2009	AB Calgary CAN	Mount Royal College	(403) 440-3833		Betty Petersen
12/5-6/2009	AZ Tucson	Judi Gaston	(520) 744-0039	jpgastonaz@msn.com	Barb Hart
12/5-6/2009	MO St Louis	Kay Cook	(314) 773-8333	kaycook@prodigy.net	Kay Cook
12/5-6/2009	NC Asheville	Denise Anthes	(828) 275-5949	denise.anthes@msj.org	Anne Boyd
12/12-13/2009	OH Cincinnati	Diane Kelly	(513) 985-6740	Diane_Kelly@trihealth.com	Charlette Lev Gordon

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Date	Location	Coordinator	Phone	Email	Instructor
Level 2 continued					
2/18-19/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
2/19-21/2010	NT Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
2/20-21/2010	NT Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
4/9-11/2010	MB Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
4/16-18/2010	AB Lethbridge CAN	Lethbridge Community C	(800) 572-0103		Betty Petersen
10/16-18/2009	CA Burlingame	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
Level 3					
9/11-13/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
9/12-13/2009	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	TBA
9/19-20/2009	FL Miami	Aleida Drozdowicz	(305) 505-6646	adrozdwicz@aol.com	Tina Devoe
10/10-11/2009	TX Houston	Bonnie Morrow	(281) 856-8340	healingtouchtx@aol.com	Bonnie Morrow
10/10-11/2009	NC Asheville	Denise Anthes	(828) 275-5949	denise.anthes@msj.org	Anne Boyd
10/10-11/2009	GA Augusta	Jane Hightower	(706) 860-9537	janehightower@comcast.net	Jane Hightower
10/18-19/2009	Munich, Germany	Petra Berger	089-850-9254	pberger2@gmx.de	Ines Hoster
10/22-23/2009	CO Colorado Springs	Ginny Altmeyer	(719) 233-0300	photosbygrace@msn.com	Cynthia Hutchison
10/24-25/2009	CO Highlands Ranch	Dale Ferg	(303) 346-3809	dferg5112@aol.com	Janna Moll
10/30-31/2009	CT Greenwich	Beth Wright	(203) 561-4883	beth@bethwright.net	Tina Devoe
10/31-11/1/2009	WI Fond du Lac	Marian Blazer	(920) 921-9404	marianblazer@gmail.com	Lynn Placek
11/6-8/2009	OH Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cincii.rr.com	Theresa Kajs
11/7-8/2009	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
11/14-15/2009	CO Ft Collins	Lauri Pointer	(970) 484-2211	lmpointer@aol.com	Lauri Pointer
12/4-6/2009	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubres@smha.org	Sr Rita Jean DuBrey
12/5-6/2009	GA Atlanta	Ines Hoster	(404) 257-1843	ihenergy@mindspring.com	Ines Hoster
12/5-6/2009	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@idiom.com	Susan Reed
1/23-24/2010	IL Northbrook	Marcia Bregman	(847) 831-3680	mbrgtht@gmail.com	Marcia Bregman
1/23-24/2010	TX Carthage	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Bonnie Morrow
5/14-16/2010	NT Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
6/4-6/2010	MB Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
6/25-27/2010	AB Calgary CAN	Betty Petersen	(403) 275-6288	therapeuticbalancing@gmail.com	Betty Petersen
Level 4					
9/10-13/2009	ON London Can	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Betty Petersen
10/15-18/2009	TX Tioga	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke
10/22-25/2009	Wessobrunn, Germ	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Ines Hoster
10/28-31/2009	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
11/12-15/2009	OH Cincinnati/Loveland	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Lynn Placek
12/2-5/2009	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
4/29-5/2/2010	AB Calgary CAN	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Petersen
9/23-26/2010	AB Calgary CAN	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen
10/28-31/2010	Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
Level 5					
10/15-18/2009	TX Tioga	HT Program	(210) 497-5529	registration@healingtouchprogram.com	S. Scandrett-Hibdon
10/26-29/2009	Wessobrunn, Germ	Dora Kostlin	-7117194083	dora.koestlin@gmx.de	Ines Hoster
10/28-31/2009	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
11/12-15/2009	OH Cincinnati/Loveland	HT Program	(303) 989-0581	registration@healingtouchprogram.com	S. Scandrett-Hibdon

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Date	Location	Coordinator	Phone	Email	Instructor
Level 5 Continued					
12/2-5/2009	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/22-25/2010	AB Calgary CAN	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Petersen
5/27-30/2010	AB Winnipeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
9/18-21/2009	AB Calgary CAN	Betty Petersen	(403) 275-6288	therapeuticbalancing@gmail.com	Cynthia Hutchison
11/10-13/2009	CO Boulder	HT Program	(303) 989-0581	registration@healingtouchprogram.com	Cynthia Hutchison
Adv. Practice 1					
10/11/2009	Amsterdam, Neth	Beate Grabow	(070) 225-60381	beategrabow@online.de	Ines Hoster
Adv. Practice 2					
10/12-13/2009	Amsterdam, Neth	Beate Grabow	(070) 225-60381	beategrabow@online.de	Ines Hoster
L2 Instructor Train.					
10/16/2009	CO Ft Collins	HT Program	(210) 497-529	registration@healingtouchprogram.com	Lauri Pointer
Therapeutic Comm.					
9/11-13/2009	TX Fort Worth	Kris Sands	(214) 236-4037	uluru_dreams@hotmail.com	S. Scandrett-Hibdon
Self Care					
10/10/2009	CO Loveland	Sue Walker	(970) 282-0050	walkersue@comcast.net	Barbara Starke
Self Care Training - For Instructors Only					
Anytime	Online	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Barbara Starke