

March 2010 Issue no. 42

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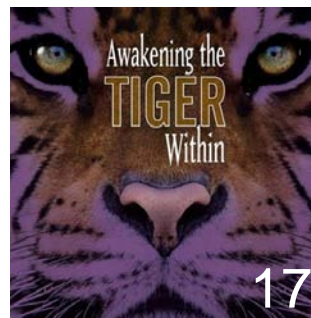
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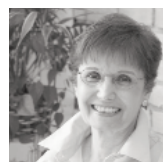


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Energy Magazine™ would love to hear your comments!

Greetings

from Cynthia Hutchison
Healing Touch Program Director



Dear Readers,

Here in Colorado our heaviest snow months are March and April. But just today I saw my first robin of the year and I know I'll soon be hearing the song of the Chickadee who announces spring in the Rocky Mountains. It's been a long, cold snowy winter here which makes spring even more welcomed and appreciated. Those of you who live in temperate climates where the seasons are a part of your yearly rhythm know how the increased warmth, longer days, and signs of new growth in nature awaken in our inner selves an awe and excitement about the new life springing forth all around. Our spirits are lifted by Mother Nature who nourishes us, provides us with beauty and wraps us in the soulful feeling of hope and new life.

Because my time in nature is such an important part of my daily life and spiritual practice, I feel a natural synchronization between what is happening in nature and how it reflects into my personal and vocational life. Healing Touch is obviously a large part of this chapter of my life's work in the world. After experiencing the death of our dear founder, Janet Mentgen, almost five years ago, HTP for a few months initially experienced a sort of organizational winter...a stillness... a time of inner reflection...a pause of growth...a time of waiting.... the necessity of going within, like sitting in front of a candle on a winter's night and contemplating "What is the quality of the light within us and how can we express it?"

Healing Touch Program is coming into a new "spring" season of organizational growth corresponding with the current spring of the northern hemisphere, something the worldwide community is anticipating and celebrating. Numerous practitioners and instructors in our community have come forth with offerings that are making HTP stronger, more connected, and increasingly enlivened. 2010, our 21st year of offering Janet's original

standardized curriculum, promises to bring more "fruits" in HTP overall and in many specific regions. HTP's summer of fruition and bounty is unfolding beautifully. National accreditation, increased numbers of hospitals embracing HTP, the Children's Program, several new telecourse offerings, the professional advancement of our mentorship program, our HT Professional Association activity, the growth of our worldwide annual conference in alliance with HT for Animals and HT Spiritual Ministry, several planned regional conferences, and new and deepening professional alliances/affiliations all cumulatively strengthen our offering of gentle and heart-centered healing to the world in a way that is professional and universally appealing.

If you have not actively been a part of your HT community recently, I urge you to consider participation at this time. The world is hungry for what we are able to give, and we have fruits of our labors to offer. Each of us can make a significant difference to other individuals, groups and communities. There is nothing more fulfilling than finding your personal gifts and passions and then using them to make the world a better place. Join in the unfolding of the magic of this spring in your vocational work with Healing Touch and feel the resonating connection of your heart and hands energetically connecting with your HT colleagues all around the world.

With joyful anticipation!

Cynthia



You are younger today than you ever will be again.
Make use of it for the sake of tomorrow.

-Anonymous

Nicholas Brady is a Healer.

by Walle Adams-Gerds, HTCP, Healing Touch Instructor

Nicholas Brady is a healer. He has enthusiastically agreed to allow me to assist him this day as he works with his mother in a Healing Touch session. He assists her to the table and then inquires “What is bothering you today, Mom?” She relates that she has tight shoulders and a tension headache, in addition to a mid-lower back ache, which she feels are all related to the over-scheduled calendar that she has recently been following. Nicholas makes sure that she is comfortable lying face down on the treatment table with her head resting in the face cradle. He reminds her that he is placing a bolster under her feet to decrease the pressure on her back.

We talk for a moment about the best techniques to use and settle on a Chakra Connection, followed by tension headache techniques and appropriate back work, if the assessment warrants it. Joining him at his mother’s feet, we connect palms and then draw the energy up from the Earth into our heart centers, inviting the energy from the Heavens to meet and mingle there before it flows effortlessly over our shoulders, down our arms and into our hands, activating our palms to do the work for his mother’s highest good. I “peek” at him while we attune to one another and I am amazed at his focused, calm presence. We team up for the Two on One (2:1) Chakra Connection, to clear, open, and balance the energy centers along the back. He nods to me as he senses the completion of each hand held position and we move right along, mirroring one another.

He is such a Heart-centered healer. I watch as he places his palms over her throat center on the back of her neck, connecting the brow center with his other hand to help with the tension

headache. I begin to work on her spine after assessing for open energy flow along the spinal column. There is need for the Vertebral Spiral technique and as I offer this under the watchful eyes of Nicholas, he is gently massaging his mother’s neck to the occipital ridge. He completes the work by connecting the energy centers to the transpersonal space and after competent assessment, we determine that her energy is connected and balanced and the spinal flow is intact once again. My hands follow beside his as we brush down her back with fingers resembling feather dusters and then we continue down the legs and sweep off the feet.

Nicholas’ mom sighs and states that she feels “lighter” and her headache has decreased. She is grateful. She sits up and he reminds her that she needs to stay there until he grounds her. He reaches down and sandwiches one of her feet in his hands and I follow suit. As I glance at him, his eyes are closed and his face is turned upward toward the Heavens. I wonder what he is thinking. His expression is reminiscent of the time that we worked with his mother after her hysterectomy -- another grace-filled Healing Touch opportunity to work alongside this humble healer.

He opens his eyes and asks if she feels grounded and she nods yes. He helps her off the table and to a chair where she begins to put on her shoes. It is time to leave and we hug one another after scheduling our next Healing Touch appointment. Nicholas will go first again the next time we meet.

Nicholas Brady is 10 years old.
Nicholas Brady has multiple sclerosis.
Nicholas Brady is a healer.

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Photo right: Walle Adams-Gerdt with Nicholas Brady, 10 years old.



About the author: Walle Adams-Gerdt, RN, BA, HTCP is a practicing hematology/oncology bone marrow nurse at A. I. duPont

Hospital for Children in Wilmington, DE. In addition to her nursing shifts, she offers Healing Touch to patients and their caregivers sixteen hours per week, coordinates Healing Touch classes for the hospital, and is a Level 1 Healing Touch Instructor in training. Her vision is to introduce an integrative health care department to the hospital in the near future. She can be reached at walle@verizon.net or (302) 651-4325 (HEAL).

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Contact: Joanne Lieske jlieske1@mac.com

June 26-27, 2010 - Austin, TX
Contact: Veronica Rice varice@austin.rr.com

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Healing Touch Worldwide Conference 2010 Post Conference Workshop Preview

Register Today

Healing Touch and Energy Psychology Resources for Building Healthy Relationships

Dorothea Hover-Kramer, Ed.D., RN, D.CEP

Half Day Workshop - Morning, August 9th

Energy psychology's (EP) applications for enhancing our significant personal and professional relationships are many. For all of us, the resources of EP are vital for keeping romance alive, resolving relationship conflicts, enhancing personal joy and well-being. This workshop is designed to increase participants' skills and insights in navigating the sometimes tricky waters of interpersonal relationships.



Dorothea Hover-Kramer is a founding elder of HT, cofounder and past president of ACEP, a counselor in private practice and author of seven books about energy therapies including her most recent, *Second Chance at Your Dream: Engaging your body's energy resources for optimal aging, creativity and health* (Energy Psychology Press, 2009) and *Healing Touch Guidebook* (Nov. 2009)



Growing Your Practice Using Social Networking

Greg Pitstick, LGM3 LLC

Half Day Workshop - Afternoon, August 9th

When used properly, Social Networking (Facebook, YouTube, etc.) represents an opportunity to establish yourself as the sought-after expert in your community. But most people do it wrong and see no results. Come learn the proven approaches to gain credibility, establish yourself as the expert, and get the word out about your practice, so you can attract customers without "selling". Intended for non-technical practitioners/instructors who want to get more customers without spending a ton of cash.



During his first career, **Greg Pitstick** brought the best money making ideas to companies around the world. In 2004 he decided to hang it up to spend more time with his growing family of 4 kids and a fantastic wife. The growth of social networking and the internet called Greg back to help other professionals learn how to harness this new wave of technology. With the Smart Guide to Marketing team, Greg writes and teaches on how to use social networking to get more customers without spending a ton of cash. Greg is committed to bringing the best training and goal oriented development to other professionals so he can motivate them to change their world.

Visit the 2010 Healing Touch Worldwide Conference Website for information on all the Post Conference Workshops.

Join us for this Journey with Heart!



Healing Touch Worldwide Conference 2010 Conference Breakout Session Preview

Register Today

Quantum Alchemy: The Art & Science of Harnessing Consciousness to Create Transformations

Theresa Bullard, Ph.D. in Physics, Spiritual Teacher & Healer
Friday, August 6th 2:00 - 3:30pm

What really is Alchemy? And how does it relate to today? Alchemy holds the keys to both practical methods and understanding for harnessing consciousness to influence the material world at the quantum level. In this inspiring and empowering presentation, physicist, alchemist, and healer, Dr. Theresa Bullard, will restore awareness of the power of Alchemy in the participants and teach practical techniques for harnessing consciousness to create quantum leaps in the transformational process of healing.



Combining a Ph.D. in physics and an interdisciplinary research background encompassing quantum theory, nanotechnology, origin of life studies, and crystal chemistry, **Dr. Theresa Bullard** embraces and epitomizes the new paradigm of synthesizing knowledge from a variety of fields to create a new synergy. Following a lifelong path of exploring ancient metaphysical teachings, alchemy and holistic medicine, she brings fresh ideas to the new study of science and spirituality. She possesses the much-sought-after ability to communicate these concepts in an inspiring and profoundly practical way that every generation from every background can understand and incorporate for real results. A writer, speaker and consultant for both corporate and individuals, Dr. Bullard has been leading programs in self-empowerment, professional performance and personal transformation since 2002.

* * * * *

Integrating Aromatherapy into Your Healing Touch Practice

Claramae Weber, RN, HN-BC, CHTP/I, HTSM-CP/I, CCA
Friday, August 6th 2:00 - 3:30pm

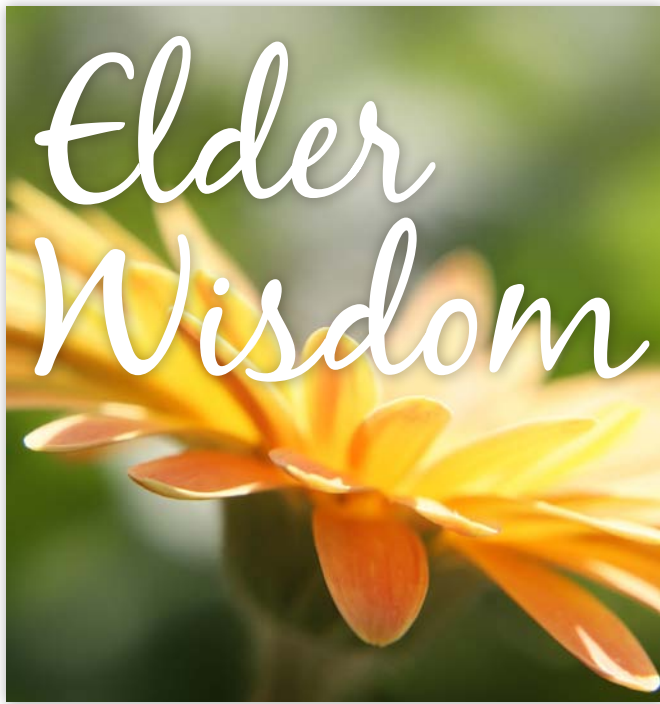
This breakout session will inspire you to integrate aromatherapy in your healing practice. Entering the world of essential therapeutic oils is a perfect addition to Healing Touch. The practitioner and client experience expanded healing energy, which results in profound energetic healing. Knowledge gained will benefit the practitioner personally and professionally. Learn to appropriately handle oils for self and others while being aware of safety issues. A hand massage with a high frequency oil will top off the session.



Claramae Weber has traveled and lived in the world teaching and working with indigenous peoples where she learned the art of using herbs. As one of the first Healing Touch instructors, she has taught for the past 14 years with the Institute of Spiritual Healing and Aromatherapy where she now combines all of her experiences as a holistic nurse practitioner, certified clinical aromatherapist and certified Healing Touch Practitioner. Claramae now teaches advanced aromatherapy courses and aromatherapy teleseminars. In her free time, she works along with catholic nuns working with migrant Mexican farm workers teaching them the use of essential oils for health and healing.

Visit the 2010 Healing Touch Worldwide Conference Website for information on all the Breakout Sessions.

Join us for this Journey with Heart!



By Sally A. Nyholt, RN, LMBT, HTCP
(photo on right)

I was recently invited to be part of Healing Touch Program's Elder Council and asked if I would be willing to write about my experiences in the early days of Healing Touch. I am honored to share some memories.

It seems like both yesterday - and a very long time ago - that I received a telephone call from my friend, Dinny Riegel, insisting that I attend a workshop in Gainesville, Florida. Two and a half years earlier I had moved from Illinois to North Carolina, but before leaving NC, I had learned about energy healing from Alan Meshner. I had shared this new knowledge with Dinny and Jan Shepardson. All of us were blown away by the work and wanted to learn more. In 1989, I had just finished massage school and opened a private practice when the call came from Dinny. She and Jan had just returned from a pilot workshop for a new program called Healing Touch and were determined that I would go to the first "official" Level 1 class to be held outside of Colorado - the very next weekend! Dinny even insisted on paying my tuition. How could I say no?? I met Dinny's daughter, Dory, on the way, and off we went to Gainesville.

The class contained women who became members of the first Board, the first instructor class and the first group of Certified Practitioners and Instructors. All amazing women -- from all over the country. I felt like I was home -- in a way that I never expected. I remember being paired in the class with Dorothea Hover, Judie Chiappone, Myra Till-Tovey, and Sharon Scandrett-Hibdon. What an honor! Especially because we were

This article, by one of our Elder Council Members, is sponsored by Healing Touch Program and Healing Touch Professional Association. We are especially happy to bring these stories to you as part of our 20th year celebration of Healing Touch Program. Our HT Community is rich with practitioners and instructors who were with Janet Mentgen when she created her Healing Touch Program. Many remain active today - all have experiences and stories that contribute to our "Healing Touch Historical Roots."

HTP and HTPA have joined together to develop the historical stories of Janet Mentgen's Healing Touch Program by documenting the memories and experiences of those that were in the first classes, attended the first gatherings, witnessed the early growth and held the Vision with Janet. They supported her and blazed the trail with & for her and for those who came later. These individuals are the Elders. Note: Because each Elder story is a unique personal memory back in time, we recognize the potential challenge of accuracy; we appreciate, accept and will publish corrections if needed.

learning together. I think all of us knew that this was the beginning of something incredibly special.



And there was Janet. I remember her as being reserved, serious and by nature, kind of shy -- but a very powerful presence. She struck me as a person who had great vision, and was intensely focused on making it become manifest in the physical world. She did not have time or patience for nonsense or inattention; she drew us into her focus and held us there. It was compelling and magical. This same group of women journeyed together through the five levels of the program, taking each one as soon as they were developed by Janet. Each of these women were important teachers for me also. I remember them well and am grateful to them.

I remember that Janet always wore her simple cotton camp shirts and slacks, usually in pastel colors. She was physically unassuming and yet always radiated her quiet intensity and focus. As time went on and I was able to spend more time with her, I felt that I was privileged to see some of Janet's humanness which is one of the things I remember most about her. She developed the Program quickly; as we were all beyond hungry to learn more, and she was driven to get the work out into the world. I have often described this period as the Program growing so fast that Janet was running along behind it, trying hard to keep up.

As the Program evolved there were policies and procedures,

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forms and handbooks, directories, evaluations and record-keeping continually needing to be reworked and revised. It amazed me that Janet had the energy to not only keep developing and evolving the Program, but also to travel almost every weekend to teach. There were times when she had to be very regimented in her daily habits in order to preserve her health. I was one of the teaching assistants that she asked to “run interference” during class breaks -- literally escorting her out of the room like Secret Service agents because she absolutely needed those 15 minutes of rest and there were a dozen people in her path wanting to ask a question or give her a hug.

I remember Janet as a healer first, who became a business-woman - on the fast track - out of necessity. It was not easy for her, but it was the manifestation of her vision, and she applied the same focus and intensity to this as well. When I hear the words “sheer strength of will” -- to me that was Janet in those days.

There were lighthearted moments with Janet also. She carried a stuffed animal with her everywhere for quite a while—a little weasel! She loved it, was very tender with it and it was her constant companion, riding around in her backpack. Our lunchtimes and dinners together were often lively. On time a group of us were sitting in a restaurant in Durham, giggling as we perused our menus to see what Guidance recommended that we eat. The server came to the table and asked if we wished to hear that night’s specials. After a moment of hesitation, someone jumped up, held her pendulum over the server’s head and said “Okay, go!” We all laughed so hard! I also recall that Janet often liked to have a beer with dinner. I guess witnessing Janet’s humanness was reassuring and validating for me -- that this amazing healer was also a human being. Because of this, I learned that it was all right for me to embrace both my spiritual self and my human self at the same time.

Over the past 20 years, I have studied, taught and, most importantly, continue “doing the work.” Healing Touch remains my passion and a great source of joy in my life. When I heard that Janet had transitioned, one of my first thoughts was how much fun she will have now; helping and guiding all of us from the other side of the veil. Free of her physical body, her spirit can now truly be the “wind beneath our wings” wherever and whenever we carry on her work. Whenever I think that I feel her presence as I work, I experience a profound sense of joy. I am beyond grateful for her continued presence in my life.

About the author:

Sally A. Nyholt, RN, LMBT, HTCP lives in the Raleigh NC area where she has had a private practice for over 20 years in Healing Touch and other forms of bodywork. Her prior nursing background included OR, OB, Internal Medicine and Medical-Surgical experience and several years as an Oncology Certified Nurse. In 2003, Sally also designed and helped launch the Curriculum Program in Therapeutic Massage at Wake Tech College in Raleigh. She included an Energy Therapy course in the curriculum design, which she taught for 4 years. Sally lives with Marty, her husband of 35 years and their dog Bella in the woods near Raleigh, gratefully surrounded by the healing energy of many trees, birds and animals.

Above photo: Sally Nyholt (left) and Janet Mentgen.



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Essential Energy

with Cyndi Dale

by Cyndi Dale

When There's No "Me" To Be Found

My chronological age, not to be announced, places me at the inception of the "Me" generation, which could have catapulted me into a life of ease. A workday assessing the cacao content of bon bons followed by a chauffer-driven excursion to the mall to buy yet another pair of vital black shoes. Unfortunately, I did not read the small print - "Me" came to mean if there is a hole, fill it, even if it is in someone else's backyard; a job incomplete, a need, problem, or emotion to assuage; it is my job. Being a "Caretaker" is similar to being the "vacuum," the vacuum, and the electric charge, all at once. You end up exhausted and pick up "stuff" that was not yours in the first place.

If you are attracted to Healing Touch or the healing professions in general, chances are that you have signed a similar agreement. Funny how there is an equivalent number of people with the opposite notarized contract, isn't it? For every one of us that says, "Me. I'll do it!" there is another person living the axiom, "I'll let you do it!"

It has taken me decades to understand my part of the bargain. Within myself lives a little girl who never believed she deserved. Deserved what, you could ask? Deserved to be helped, seen, heard, whatever it might be. Over time, I became frightened of "not doing" because I did not want to risk showing my own needs. I did not want to be ridiculed or worse, let down. That might mean I am not lovable. In being over-responsible, I failed to perceive that I was actually acting under-responsibly to myself.

If you are tempted toward over-responsibility, you might have your own reasons. Many therapists can help with this problem. I know. I have met many of them. Unfortunately, I have yet to engage one who walks behind me whispering, "Say no" in my ear when I need it. I must serve as my own coach.

I write chakra books. There is a reason that the "Someone Above" decided I needed to become a chakra expert, even though it was not exactly my first choice of profession. There is not yet a check-off box on career development sheets for "Chakra Queen" or an IRS job code that covers energy work. Learning about chakras has taught me a lot, especially about the importance of self-care and ways to use energetic systems to accomplish it.

Each chakra or energy center plays a role in the ultimate mission of life: authenticity. To be authentic is to be true to self and others. This interactive goal helps us self-realize but also be of service. You can see where this is going. The "over-responsible" set leans toward honoring others, the "under-responsible" group, toward respecting the self. Neither approach is balanced. Neither creates healthy relationships or true fulfillment.

Each chakra actually carries a key to help us represent ourselves and to also honor others. Each chakra is innately programmed with a basic right, such as to survive, to feel, and to think. The implication is that everyone else is invested with these same basic rights. It is our job to support our own rights while acknowledging those of others. It is not really their job to meet our needs or ours to meet theirs, however, unless we have already made an agreement, such as a mother feeding her children or a mate carrying his or her part of the household expenses.

Let me give an example, one that involves the fifth chakra. This

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is the communication center in the throat. Here lies our right to hear and share truths. Let's say a friend asks if we can pick her up at the airport. We are over-scheduled already—son Jimmy needs new sports equipment, daughter Sally has a violin lesson, we have a work project to finish, the dog has not been walked in something like ten days, dinner is not even thawed, and our “spousal unit” is out of town. But we say “yes” because she exercised her right to ask. We do not even think of suggesting she takes a taxi or even offering to pay for one, if she does not have the funds and we do.

What happened to our truth? Maybe we were not taught we have a right to our own rights. Maybe, as per the presented scenario, we are so “out of tune” that we can't even hear the little voice inside that says, “I don't have time.” It is a little late to proffer our truth when we are still up at dawn finishing our work project.

We can, however, stop and think before we jump forward. We can evaluate which chakra holds the key-code to this situation and evaluate how to best represent our self and care for

someone else.

Following is my synopsis of some of the basic rights infused within each chakra, as per the Twelve-chakra system I share in my books. I suggest you develop your own set of codes, using these as a basis, and see what happens when you are worth it.

I have one more piece of advice. There are certain times you ALWAYS want to say yes. These include offers involving chocolate, maid service, free gifts of money, and unlimited massages.

About the author:

Cyndi Dale is the author of *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, and eight other bestselling books on energy healing, including *The Complete Book of Chakra Healing*. She has worked with over 30,000 clients in the past 20 years. To learn more about Cyndi, her work, books and products please visit: www.cyndidale.com

Cyndi will be a Keynote speaker at this year's HT Worldwide Conference in Denver, CO.

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Chakra	Self-Rights	Others' Rights
First	To exist; safety and security	Respect of personhood and of body and property
Second	To feel, have wants, be understood	To have and share feelings and wants
Third	To think one's own thoughts, to pursue success, to like oneself	To have own thoughts, pursue goals, and use power responsibly
Fourth	To love and be loved	To be considered lovable
Fifth	To speak and hear truth	To share personal truths
Sixth	To see, to set goals, and operate from an accurate self-image	To follow personal dreams and be seen accurately
Seventh	To choose spiritual truth and follow spiritual mission	To hold spiritual viewpoint true to self
Eighth	To own personal mistakes and forgive self and others	To own mistakes, if so desire, and forgive if choose to
Ninth	To embrace life purpose	To follow life purpose
Tenth	To own a home and take care of one's body and environment	Shelter and taking care of own body and environment
Eleventh	To self-lead and help others if they agree	To lead self and lead you, if you agree
Twelfth	To live as your true self; to know self as pure	To live as his or her true self; to be considered pure



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5/27-30/10	Calgary, Canada	Thelma Shuly	403-288-3703	Hovland
9/2-5/10	St. John's, Newfoundland	Maxine Gladney	709-364-6919	Hovland
9/16-19/10	Atlanta, GA	Ines Hoster	404-257-1843	Lester

Level 2 teaches an anatomical energy approach to diseases (including
allergies), and a deeper experience in the body. Prereq: Anatomy 1

Date	Location	Contact		Instructor
4/8-10/10	San Diego, CA	Mary Jane Aswegan	760-633-6312	Hovland
11/19-21/10	Atlanta, GA	Ines Hoster	404-257-1843	Hovland

Level 3 studies in detail the brain and nervous system addressing
stress, trauma, neurotransmitters and diseases. Prereq: Anatomy 1

Date	Location	Contact		Instructor
5/13-15/10	Portland, OR	Linnie Thomas	503-454-0469	Hovland

Keep watching the website for new classes

Register Online @ www.AnatomyforHealers.com

Sue Hovland, 303-759-8966, suehovland@aol.com

Franny Harcey, HTCP

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My Level 4 Modality Saved My Work Life

by Ellen Laffey, HTCP



The Parthenon in Athens, Greece is a site to behold. Five thousand years old! When one stands on this hallowed ground, you cannot believe you are walking in the steps of Socrates, Aristotle and Saint Paul.

Marble is the stone from which the Parthenon is constructed. As time, weather, and millions of visitors have worn down the marble, it is very slippery from dust and sand covering the stone. Signs alert visitors, "Slippery rock; watch your step."

While on the grounds of the Parthenon, I was walking and taking in the site. I stepped over a very low pile of rocks. The bottom of my sneaker slid right down the side of the rock. My feet and legs rose up in the air, and I came right down onto my coccyx on top of stone. I checked my spine, legs and arms before I got up. No damage. I was so thankful as people surrounded me to help me up.

However, weeks later back home and at work, I had mental messages at work to not pick up anything that was too heavy. Then, one Saturday while coaching Special Olympic Bowling, I found I was experiencing spinal nerve pain. By late afternoon, I could barely move. Moving anything in my body caused nerve pain. I had no clue what to do. On Sunday I went to the Urgent Care Center, moving excruciatingly slowly.

Diagnosis: Sciatica from the fall. Treatment: Muscle relaxants and pain medication; call your doctor.

Being a problem solver myself, but never experiencing a spinal problem, I had no idea how to handle solving this.

Then it came to me. Shiatsu! Shiatsu is an acupressure using knuckles and palms for pressure, instead of full hands as in a massage.

Healing Touch students moving from graduation from the program are prepared during their year or so of apprenticeship through eight different assignments including the receiving of ten different holistic modalities. After my Level 4 class, I chose to experience Shiatsu as one of the modalities. I had interviewed Bill Anderson, whose integrative medical specialty was Shiatsu, as well as massage, Craniosacral, Qi Gong, Yoga, and Reflexology. I immediately called him. That Wednesday, I walked into his office as if I had been riding on a horse for a month - having never ridden a horse before. Bill said, "I'll race you." I said, "You win." "Oh, you give up so easily!" he replied. We laughed. After telling my story, he began to work on my injured spine. After a one-half hour session, I walked out of his office with a normal gait and no pain. I was able to drive home without having to take deep breaths to withstand nerve shocks to my body.

After thanking God for the people who developed muscle relaxants and pain medication, I now thanked God for Bill and his knowledge of Shiatsu that put my spine back into alignment.

Why was this healing very important to me? In spite of the obvious, at the hospital where I work, I was just about to begin a three-month Healing Touch research study doing HT for hospital inpatients. I did not know how I would be able to do this study with an injured back. Now, the study can go forward, and I am looking forward to HT becoming a mainstay, integrative medicine here at Aurora St. Luke's Medical Center, Milwaukee, WI.

My message to Level 4 students: You never know when the client you might refer to the modality you studied might be YOURSELF!





Healing Touch Worldwide Foundation Auction 2010

Healing Touch Worldwide Foundation's live AUCTION is a highlight of the Healing Touch Program's annual conference. Providing Saturday evening entertainment after the Banquet, it also serves as a fun filled opportunity to join in the community effort to fundraise for the Foundation.

In 2008 the silent and the live auctions raised \$4700. In 2009 the community supported the Foundation by raising over \$7000! How exciting it would be to reach \$10,000 this year!

To accomplish this we need your help.

Healing Touch Worldwide Foundation (HTWF) has lofty goals to raise awareness and funds to fulfill our mission to spread the work and light of Healing Touch through research and outreach grants. Since Janet Mentgen started the non-profit Healing Touch Foundation in 1997, close to \$200,000 has been granted to worthy projects.

The Foundation's work is threefold:

1. Advance research of Healing Touch in Energy Medicine.
2. Advance Healing Touch education
3. Advance outreach to underserved communities including animals.

Learn more about HTWF at www.HTWFoundation.org

Help us help others. Help create abundance for the Foundation, which in turn gives you more professional involvement in Healing Touch research, education and outreach.

Here is how to help seed the silent and the live auction:

- Donate an auction item of interest and value
- Gift a Workshop (HTP, HTA, HTSM, Hypnosis, Anatomy, Raindrop Therapy, Yoga, etc)
- Healing session, Massage, etc
- Give Your Airline Miles
- Contribute Artifacts and/or Art
- Handcrafted Items (beadwork, jewelry, knitted items, woodwork, quilts etc.)
- Musical or Healing Instruments, CDs, DVDs
- Canine and Equine related items
- Gift Cards for your favorite products or stores
- Financial donations are always welcome as usual

Donations are tax deductible.

Please take time to inventory your abundance. Share with the Healing Touch Worldwide Foundation. Bring items to the Silent Auction table or send them ahead to Conference.

Contact: Roberta Davis-Lewis
Roberta@davislewisorchards.com

Above photo: Roberta Davis-Lewis showing off some of the auction offerings at the 2009 Healing Touch Worldwide conference.

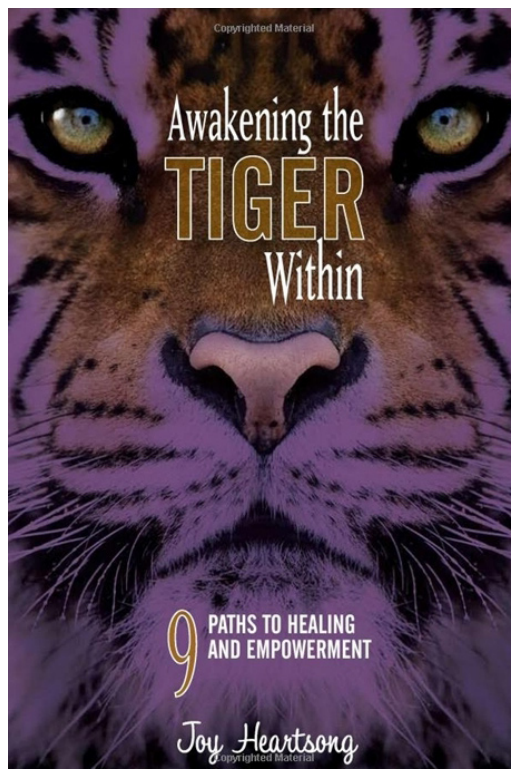
A Review of

by Barbara Starke, HTCP/I

This is a wonderful book for the person new to energy healing... and as a seasoned practitioner/instructor. I found the reading reinforcing of my own life's journey...and very empowering. The simplicity of the stories and the ease of the exercises are most refreshing. I'm so glad I took the time to read *Awakening the Tiger Within*. I'm sharing this book with friends and recommending it to my HTP mentees.

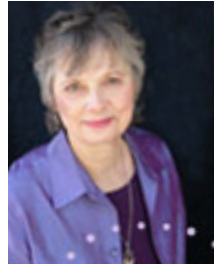
I thank Joy for putting her life's journey on paper and sharing her wisdom...She gives me, and I'm sure, others, the confidence to build ourselves up from the ashes and pains of whatever Life presents to us--in ways that create more Light, more Love, more enthusiasm and more zest for what can indeed become, a life well lived.

Joy's story--and those of her clients--give such testament to the power of healing--the possibilities of living beyond pain and



suffering. Especially the “effortless effort” of moving beyond the pain and suffering when we choose to partner in our healing process with responsible caring practitioners like Joy.

Joy is a Healing Touch Certified Practitioner and



intuitive. She is passionate about helping others claim their true power by connecting with the wisdom of the Tiger within. Her message is that we all have the power to heal that comes from a higher source manifesting through each of us. Her writing includes stories, insights, and techniques from successes with both her clients and her own healing journey.

*Joy's book *Awakening the Tiger Within* can be purchased through the Healing Touch Bookstore by clicking [here](#).*

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For more details and Registration please visit our website:

www.HealingTouchCalifornia.com



A New Tool for Healing Touch: How the HT Meditation Tools Can Support Your Practice

By Cynthia Hutchison, Program Director, HTP

These meditation CDs were created for use with HT students, clients, practitioners and instructors of HT. They can also be used by anyone who is open to exploring a meditative /healing path in life and therefore can be used outside of Healing Touch. Each meditation was worded with care to ensure inclusiveness for people on various spiritual paths. The second CD assumes some basic knowledge on the part of the listener.

The **HT Meditations CD #1** includes the Level 1 methods of Grounding, Centering and Attuning (first meditation, 20 minutes) and the Self Chakra Connection (second meditation, 30 minutes). The Grounding, Centering and Attuning Meditation provides the conceptual basis for the basic work of HT as well as serving as a time to rest in self-awareness and gratitude. In my experience, EVERYTHING we do in HT relies on the ability of the practitioner to understand and be able to remain in a state of being grounded, centered and attuned (GCA). If students leave a Level 1 class with a beginning foundation for learning how to GCA, then I feel that I have served the student as the instructor. I believe that we would have world peace if everyone knew how to CGA. In the second meditation, the Self Chakra Connection provides a gentle blend of education on the meaning of the chakras and their related seven auric fields as well as hand placements and thought processes to hold during this experience. Positivity and gratitude are interwoven throughout both of these self-healing methods.

Healing Touch Meditations CD #2 offers three meditations taught in Levels 2, 3 and 4 of HT Program's curriculum. The Level 2 Self Spiral Meditation (25 minutes), an adaptation of the work of Brugh Joy, M.D., can be used for practitioner self care and for teaching to clients, as well as, for students/clients and those interested in self healing and health promotion practices.

The Level 3 Hara Alignment Meditation (20 minutes), an adaptation of Barbara Brennan's teachings from Hands Of Light (1987) and Light Emerging (1993), is offered as the second track for self care/healing and practitioner preparation for working with all the levels of the field. The Level 4 Etheric Vitality Meditation (17 minutes), an adaptation of the teachings from Doscolos, referred to in Homage to the Sun (1987) by Kyriacos Markides, is the final offering that may be used for self care and healing, practitioner preparation and client treatment.

The CDs have been well-received and appreciated by many. Testimonials may be viewed at www.HealingTouchMeditations.com. You may also listen to some samples of each recording by clicking on the LISTEN tab at the top of the home page. If you choose to purchase one or both, please let me know how you like them and how you use them by writing to me at healingtouchhealingyou@gmail.com. I have plans for future projects, so your feedback is very welcome. **Right now there is a special 15% discount available on purchases over \$30 for HTPA members until March 30th (click here and enter HTPA as the coupon code).** Wholesale pricing is available.

Creating the Healing Touch Meditations CDs– Personal Reflections

Though I have been encouraged by students and colleagues for some years to create a CD for HT Meditations and methods, the opportunity for this to be a natural and flowing process did not manifest until last summer. Then -- Voila! -- all the pieces came into place and the set of two CDs manifested in December 2009 - in time for HTP's completion of our 20th anniversary year. I felt inspired to create five meditations to match the HTP core curriculum. Having done them so many times for my own self-care and healing, for mentees, clients and in HT classes, the words came easily and joyfully. I knew last year that I wanted to use music from both Steve Skudler's *Crystal Clear 1* album and

continued on page 19

music from Aaron Krieshok's *One Drop's Journey* album. Aaron had been an HT student of mine in 2007 and composed this music the night between Day 1 and Day 2 of our HT Level 2 class. He brought it to our class where we played it for our afternoon treatment exchange. I was deeply touched by the energy and beauty of the music, never thinking that a few years later I would be fortunate enough to have it on my meditation CDs. (Steve's latest creation for HT is his children's album "Your Invisible Body" which corresponds to the HTP Children's Book and our new children's HT class.)

I subsequently hired Aaron, who also lives in Boulder, as the sound technician. His cozy recording studio was draped with batik fabrics and spiritual symbols. Before recording, we lit a candle and incense. With joyful anticipation, I placed some sacred objects in front of me and entered a meditative but grounded state. I felt such gratitude for being able to bring HT meditations to a new level of service and empowerment for others.

My youngest daughter, Catherine Rose, is the artist for the album covers. My oldest daughter, Crystal Mary, is my assistant, as *HT Meditations* is a home business. My middle daughter, Philana, is my cheerleader. Peggy Conway, an HT student in New York served as the graphic artist. Aaron Krieshok and Steve Skudler are soulful composers and musicians who love HT and are also holistic practitioners. There is plenty of loving energy imprinted in this project from this group of people to you, with which we hope you will "resonate." Thank you to everyone who encouraged me to do this!



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Healing Touch Meditations One
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Maura Allen, Wilton, NY, HT Level 4

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2010 Workshop Schedule

<p>LEVEL 1</p> <p>Mar 19-21 Denver, CO Mar 26-28 Cincinnati, OH Mar 26-28 Calgary, Alberta Apr 9-11 Chicago, IL Apr 16-18 Minneapolis, MN Apr 16-18 Philadelphia, PA Apr 16-19 Randstad, Netherlands Apr 30-May 2 Richmond, VA Apr 30-May 2 Pittsburgh, PA May 21-23 Olympia, WA May 21-23 Sheridan, WY Jun 4-6 Winnipeg, Manitoba Jul 16-18 Minneapolis MN Aug 27-29 Schenectady, NY Aug 27-29 Billings, MT Sep 10-12 Chicago, IL Sep 17-19 Cincinnati, OH Sep 24-26 Philadelphia, PA Oct 29-31 San Diego, CA Nov 12-14 Denver, CO</p> <p>LEVEL 2</p> <p>Mar 5-7 Vancouver, BC Mar 26-28 San Diego, CA Apr 18-20 Randstad, Netherlands</p>	<p>May 28-30 Calgary, Alberta Jun 4-6 Chicago, IL Jun 11-13 Denver, CO Jun 11-13 Cincinnati, OH Jul 16-18 Philadelphia, PA Jul 16-18 Richmond, VA Sep 10-12 Minneapolis, MN Oct 1-3 Sheridan, WY</p> <p>LEVEL 3</p> <p>Jun 25-27 San Diego, CA Jul 30-Aug 1 Chicago, IL Aug 13-15 Denver, CO Sep 24-26 Richmond, VA Oct 9-11 Randstad, Netherlands Oct 15-17 Cincinnati, OH Oct 29-31 Philadelphia, PA</p> <p>LEVEL 4</p> <p>Mar 12-14 Richmond, VA Apr 9-11 Minneapolis, MN Apr 24-26 Randstad, Netherlands Aug 20-22 San Diego, CA Sep 17-19 Denver, CO Oct 22-24 Chicago, IL Nov 5-7 Richmond, VA</p>	  
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HEALING TOUCH

Class Schedule

2010

The most up-to-date class schedule can be found on the Healing Touch Program web site www.HealingTouchProgram.com. If you have questions or need to change the information on your listing please contact the HTP office at 210-497-5529 or e-mail at info@healingtouchprogram.com

Healing Touch Program is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Date	Location	Coordinator	Phone	Email	Instructor
Intro					
03/10/2010	WI Milwaukee	Stan Rintelmann	(414) 745-1280	sdnan@aol.com	Stan Rintelmann
3/10/2010	NY Troy	Nina Lockwood	(518) 791-5120	nina.lockwood@gmail.com	Nina Lockwood
3/13/2010	PA Wellsboro	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
3/13/2010	IL Edwardsville	Debra Klueter	(618) 656-5052	debklueter@yahoo.com	Debra Klueter
3/15/2010	OH Hudson	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
4/7/2010	OH Akron	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
4/8/2010	OH Solon	Nancy Strick	(330) 554-2466	nancy@healingtouchhudson.com	Nancy Strick
5/3/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
5/5/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
6/27/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
7/19/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
7/31/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
8/28/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
9/20/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
10/18/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
10/24/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Karen Russell
12/5/2010	CO Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
Level 1					
3/12-14/2010	SK Swift Current CAN	Judy Ross	(306) 264-3653	djross@yourlink.ca	Betty Petersen
3/12-14/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
3/13-14/2010	TX Marshall	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Connie Silva
03/13-14/2010	NC Charlotte	Susan Thomasson	(704) 344-8797	susan.thomasson@carolinas.org	Henderson/Duff
3/13-14/2010	NC Charlotte	Susan Thomasson	(704) 355-3921	susan.thomasson@carolinashealthcare.org	Pardee Henderson
3/13-14/2010	CA Lafayette	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
3/13-14/2010	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lisa Goodman
3/13-14/2010	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
3/13-14/2010	IL North Brook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
3/13-14/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jpgastonaz@msn.com	Barbara Hart
3/19-21/2010	AB Lethbridge CAN	Lethbridge College	(800) 572-0103		Betty Petersen
3/19-21/2010	AB Edmonton CAN	Joanne Ross	(780) 416-9494	joanne.ross@shaw.ca	Betty Petersen
3/19-21/2010	NY Binghamton	Mary Pat FitzGibbons	(607) 217-7023	marypat_fitzgibbons@yahoo.com	Mary Pat FitzGibbons
3/19-21/2010	VA Newport News	Dottie Graham	(757) 890-2940	gisaofva@aol.com	Dottie Graham
03/20-21/2010	CA El Cajon	Sandra Lourido	(619) 441-8771	jbennett@sheahealth.com	Kathy Allan
03/20-21/2010	DE Wilmington	Walle Adams-Gerdt	(302) 652-3602	walle@verizon.net	Devoe/Adams-Gerdt
3/20-21/2010	PA Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
03/20-21/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
3/20-21/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
3/20-21/2010	CO Fort Collins	Lauri Pointer	(970) 484-4771	lmpointer@aol.com	Lauri Pointer
3/20-21/2010	OH Cleveland	Elaine Nichols	(330) 618-2573	efnichols@zoominternet.net	Nancy Strick
3/20-21/2010	PA Elizabethtown	Timothy Nickel	(717) 361-8814	tnickel@masonicvillagespa.org	Jackie Page
3/20-21/2010	DE Wilmington	Walle Adams-Gerdt	(302) 388-8056	walle@verizon.net	Devoe/Adams-Gerdt
3/20-21/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
3/26-27/2010	WI Fond du Lac	Marian Blazer	(920) 929-0416	marianblazer@gmail.com	Rosann Geiser
3/26-27/2010	Stuttgart, Germany	Dora Koestlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
3/27-28/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
3/27-28/2010	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
3/27-28/2010	FL Tampa	Tammy Dragel	(813) 655-6959	tammy.dragel@baycare.org	Kimberly Gray
3/27-28/2010	ON London CAN	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
4/6-7/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.antes@msj.org	Denise Anthes
4/9-11/2010	MB Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
4/10-11/2010	PA Wellsboro	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
4/10-11/2010	MD Frederick	Krista Hall	(301) 865-1514	khealenergy@comcast.net	Krista Hall
4/10-11/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
4/10-11/2010	OR Portland	Constance Hammond	(503) 230-2331	revcah@earthlink.net	Constance Hammond
4/10-11/2010	NY Troy	Nina Lockwood	(518) 791-5120	nina.lockwood@gmail.com	Nina Lockwood
4/10-11/2010	CA Lake County	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
4/10-11/2010	CA San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
04/10-04/11/2010	NC Charlotte	Arlene Mauney	(704) 724-1912	afmauney@yahoo.com	Pruett/Geoffrey
04/10-11/2010	MO Park Hills	Lynn Placek	(314) 821-4552	lynnpax@sbcglobal.net	Lynn Placek
4/10-11/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
4/10-11/2010	WA Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Bernie Clarke
4/6 & 8/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
4/16-17/2010	FL Amelia Island	Tina Devoe	(904) 310-6610	tdevoe@comcast.net	Tina Devoe
4/17-18/2010	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
4/17-18/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
04/17-18/2010	CA El Cajon	Sandra Lourido	(619) 441-8771	jbennett@sheahealth.com	Kathy Allan
4/17-18/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jpgastonaz@msn.com	Barbara Hart
4/18&25/2010	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
4/24-25/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
04/24-25/2010	VA Suffolk	Marilyn Stulb	(757) 539-4413	mhstulb@yahoo.com	Stulb/Graham
4/24-25/2010	CO Lafayette	Nicole Kasemir	(303) 478-1617	nk@health-options.net	Nicole Kasemir
4/24-25/2010	CO Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
4/24-25/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
4/26-27/2010	OH Hudson	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
4/30-5/2/2010	AB Calgary	Mount Royal College	(403) 440-3833		Betty Petersen
4/30-5/1/2010	AK Fayetteville	Mary Brenzel	(479) 571-3475	mebrenzel@gmail.com	Sharon Myrah
5/1-2/2010	AZ Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
5/1-2/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
5/1-2/2010	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Vickie Smith
5/1-2/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
5/1-2/2010	IL Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
5/1-2/2010	PA Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
5/1-2/2010	NY Albany	Diane Stredny	(518) 262-4575	strednd@mail.amc.edu	Sr Rita Jean DuBrey
5/1-2/2010	PA Elizabethtown	Timothy Nickel	(717) 361-8814	tnickel@masonicvillagespa.org	Jackie Page
5/8-9/2010	PA Wellsboro	Jackie Page	(717) 361-7972	healingintention@comcast.net	Jackie Page
5/15-16/2010	CO Arvada	Nancy Burns	(303) 431-2985	burns14636@comcast.net	Nancy Burns
5/15-16/2010	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
5/15-16/2010	WA Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	Monica Nebauer
5/15-16/2010	GA Augusta	Jane Hightower	(706) 830-1959	janehightower@comcast.net	Jane Hightower
5/15-16/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
5/15-16/2010	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
6/3/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
5/22-23/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
5/22-25/2010	IL Chicago	Lynn O'Donnell	(708) 848-0420	OKPRKLYNNE@aol.com	Ann OMalley
5/22-23/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
5/22-23/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
5/22-23/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Susan Russell
5/22-23/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
5/22&6/5-6/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
5/29-30/2010	WI Glendale	Jerry Becker	(414) 481-2536	gjbecker_99@yahoo.com	Becker/Starke
6/4-6/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwllness@earthlink.net	Keela Marshall
6/5-6/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
6/5-6/2010	FL Tampa	Tammy Dragel	(813) 655-6959	tammy.dragel@baycare.org	Kimberly Gray
6/5-6/2010	CA San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
6/5-6/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
06/5-6/2010	PA Philadelphia	Jean M White	(215) 780-8884	jeaniew@comcast.net	Jean M White
6/10-11/2010	NC Asheville	Denise Anthes	(828) 213-1042	Denise.antes@msj.org	Denise Anthes
6/12-13/2010	ON London CAN	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
06/12-13/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
6/12-13/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
6/26-27/2010	Kamenz, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
6/26-27/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
7/10-11/2010	AZ Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
7/10-11/2010	TX Austin	Veronica Rice	(512) 944-0814	varice@austin.rr.com	Susan Russell
7/10-11/2010	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lisa Goodman
7/16-17/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwllness@earthlink.net	Keela Marshall
7/17-18/2010	IL Chicago	Lynne O'Donnell	(708) 848-0420	okprklynne@aol.com	Ann OMalley
7/17-18/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
7/17-18/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	To Be Announced
7/18&25/2010	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
7/24-25/2010	WA Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	Monica Nebauer
7/31-8/1/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
8/2-3/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
8/7-8/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
8/14-15/2010	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
8/21-22/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
8/21-22/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
8/21-22/2010	CA San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
8/21-22/2010	CO Colorado Springs	Joy Heartsong	(719) 328-9143	joy@heartsonghealing.net	Joy Heartsong
8/21-22/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
8/21-22/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
8/21-22/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
8/28-29/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
8/28-29/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
9/11-12/2010	NV Reno	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
9/11-12/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
9/11-12/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
9/18-9/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	To Be Announced
9/18-19/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Susan Russell
9/18-19/2010	IL Chicago	Lynne O'Donnell	(708) 848-0420	okprklynne@aol.com	Ann OMalley
9/18-19/2010	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
9/18-19/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
9/18-19/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barbara Hart
9/18-19/2010	ON London CAN	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
9/24-26/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
9/25-26/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
9/25-26/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
9/25-26/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
9/25-26/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
9/26-27/2010	Stuttgart, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
10/2-3/2010	Bayern, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
10/2-3/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
10/9-10/2010	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
10/9-10/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
10/9-10/2010	TX Austin	Veronica Rice	(512) 944-0814	varice@austin.rr.com	Susan Russell
10/9-10/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barbara Hart
10/9-10/2010	CA San Diego	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Goodman/Richardson
10/13-14/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.antes@msj.org	Denise Anthes
10/15-16/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
10/16-17/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	To Be Announced
10/16-17/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
10/16-17/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/16-17/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
10/23-24/2010	Stuttgart, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger

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Date	Location	Coordinator	Phone	Email	Instructor
Level 1 continued					
10/23-24/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
10/30-31/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
11/6-7/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
11/6-7/2010	CA La Mesa	Lisa Goodman	(619) 672-6498	lisa.goodman@sharp.com	Lisa Goodman
11/6-7/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
11/6-7/2010	PA Philadelphia	Eileen O'Toole	(215) 495-8255	eotooleirish@verizon.net	Jean M White
11/8-9/2010	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
11/13-14/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
11/13-14/2010	ON London CAN	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
11/19-21/2010	WA Seattle	Keela Marshall	(206) 545-7387	kwellness@earthlink.net	Keela Marshall
11/20-21/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	Susan Russell
11/27-28/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
12/4-5/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
Level 2					
3/12-14/2010	Stuttgart, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
3/13-14/2010	NC Asheville	Anne Boyd	(828) 252-9419	homelight@aol.com	Anne Boyd
3/13-14/2010	GA Augusta	Jane Hightower	(706) 830-1959	janehightower@comcast.net	Jane Hightower
3/14-15/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
3/20-21/2010	AZ Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
3/20-21/2010	MO St Louis	Cathi Beckmann		ccabes6@sbcglobal.net	Smith/Placek
3/20-21/2010	IL Warrenville	Ann OMalley	(630) 674-8040	annoma@gmail.com	Ann OMalley
3/20-21/2010	TX Carthage	Karen Chin	(903) 927-1423	goldenphoenix54@yahoo.com	Connie Silva
3/20-21/2010	NV Las Vegas	Teresa Kunz	(702) 493-0695	terry@terrystouch.com	Smith/Myrah
3/20-21/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
3/27-28/2010	WA Seattle	Barb Dahl	(206) 938-4350	barbdahl@aol.com	Dahl/Marshall
3/27-28/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
3/27-28/2010	NT Yellowknife	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
3/27-28/2010	CA San Francisco	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
3/27-28/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
3/27-28/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/10-11/2010	OH Youngstown	Linda Morrison	(724) 658-5422	morlibrary@aol.com	Nancy Strick
4/10-11/2010	MI Grayling	Marian Long	(989) 348-0428	longmm@trinity-health.org	Barbara Starke
4/10-11/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
4/10-11/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
4/16-18/2010	AB Lethbridge CAN	Lethbridge College	(800) 572-0103		Betty Petersen
4/17-18/2010	IL Chicago	Lynne O'Donnell	(708) 848-0420	okprklynne@aol.com	Ann OMalley
4/17-18/2010	IL North Brook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
4/17-18/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
4/24-25/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
4/24-25/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
04/24-25/2010	VA Midlothian	Ray Rust	(804) 378-4606	rayrust1@verizon.net	Ann Rust
4/24-25/2010	CO Fort Collins	Lauri Pointer	(970) 484-4771	lmpointer@aol.com	Lauri Pointer
5/1-2/2010	NC Charlotte	Susan Thomasson	(704) 355-3921	susan.thomasson@carolinashealthcare.org	Pardee Henderson
5/1-2/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
5/1-2/2010	ON London CAN	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac

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Date	Location	Coordinator	Phone	Email	Instructor
Level 2 continued					
5/1-2/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
5/1-2/2010	FL Tampa	Tammy Dragel	(813) 655-6959	tammy.dragel@baycare.org	Kimberly Gray
5/7-9/2010	AB Calgary	Mount Royal College	(403) 440-3833		Betty Petersen
5/8-9/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
5/15-16/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
5/15-16/2010	WA Olympia	Sherri Cote	(360) 753-2276	healingessence@comcast.net	Bernie Clarke
5/15-16/2010	AZ Tucson	Judi Gaston	(520) 744-0039	jgastonaz@msn.com	Barbara Hart
5/16&23/2010	IL Elmhurst	Mary Sinclair	(630) 913-9090	mjswellness@aol.com	Mary Sinclair
5/22-23/2010	WI Fond du Lac	Marian Blazer	(920) 929-0416	marianblazer@gmail.com	Rosann Geiser
5/22-23/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
05/29-30/2010	CA El Cajon	Sandra Lourido	(619) 441-8771	jbennett@sheahealth.com	Kathy Allan
6/5-6/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
6/5-6/2010	PA Port Treverton	Mary Pat FitzGibbons	(740) 607-4038	marypat_fitzgibbons@yahoo.com	Mary Pat FitzGibbons
6/5-6/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
6/12-13/2010	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
6/12-13/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
6/19-20/2010	BC Vancouver CAN	Betty Petersen	(403) 474-7399	therapeuticbalancing@gmail.com	Betty Petersen
6/26-27/2010	PA Elizabethtown	Jackie Page	(717) 756-1861	healingintention@comcast.net	Jackie Page
6/26-27/2010	GA Augusta	Jane Hightower	(706) 830-1959	janehightower@comcast.net	Jane Hightower
6/26-27/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
6/26-27/2010	PA Elizabethtown	Timothy Nickel	(717) 361-8814	tnickel@masonicvillagespa.org	Jackie Page
6/26-27/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
6/26-27/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
6/26-27/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
07/17-18/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
7/17-18/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
7/17-18/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
7/23-25/2010	VA Newport News	Dottie Graham	(757) 890-2940	gisaofva@aol.com	Dottie Graham
7/31-8/1/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
8/7-8/2010	FL Tampa	Tammy Dragel	(813) 655-6959	tammy.dragel@baycare.org	Kimberly Gray
8/11-12/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
8/21-22/2010	AZ Sedona	Dee Gerken	(760) 774-1512	dgerken@q.com	Dee Gerken
8/21-22/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
8/28-29/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
9/4-5/2010	WA Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	To Be Announced
9/11-12/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
9/18-19/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
9/25-26/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
9/25-26/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
9/25-26/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/2-3/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/2-3/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
10/9-10/2010	Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Keela Marshall
10/9-10/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	Daniel Snyder
10/16-18/2009	CA Burlingame	Carol Kinney	(415) 454-9689	cskinneyenergyhealing@comcast.net	Carol Kinney
10/16-17/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison

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Date	Location	Coordinator	Phone	Email	Instructor
Level 2 continued					
10/16-17/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
10/16-17/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/23-24/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Rita Kluny
10/23-24/2010	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Keela Marshall
11/6-7/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
11/6-7/2010	AZ Tucson	Judi Gaston	(520) 744-0039	kgastonaz@msn.com	Barbara Hart
11/6-7/2010	TN Memphis	Donna Donato	(901) 832-7665	dona44@aol.com	Donna Donato
11/13-14/2010	QUE Quebec CAN	Yolande Boule Douglas	(418) 574-3461	yolande.boule.douglas@gmail.com	Yolande Boule Douglas
11/13-14/2010	Stuttgart, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
11/13-14/2010	TX Austin	Veronica Rice	(512) 835-7146	varice@austin.rr.com	Rita Kluny
11/13-14/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
11/13-14/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
11/18-19/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Denise Anthes
11/27-28/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
11/27-28/2010	ON London CAN	Cindy Palajac	(519) 685-1670	cpalajac@rogers.com	Cindy Palajac
12/4-5/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
12/4-5/2010	CA Long Beach	Katrina N Shibata	(714) 330-4030	healingtouchconnection@gmail.com	Rumi Hashimoto
12/4-5/2010	CA San Diego	Lisa Goodman	(619) 233-6036	lisa.goodman@sharp.com	Lauri Pointer
Level 3					
3/13-14/2010	OH Cincinnati	Holly Stetter	(513) 985-6736	holly_stetter@trihealth.com	Charlette Lev Gordon
3/20-21/2010	NC Charlotte	Susan Thomasson	(704) 355-3921	susan.thomasson@carolinashealthcare.org	Donna Duff
03/20-21/2010	NC Charlotte	Susan Thomasson	(704) 582-1684	susan.thomasson@carolinas.org	Donna Duff
3/20-21/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Anne Boyd
3/20-21/2010	NC Charlotte	Susan Thomasson	(704) 355-3921	susan.thomasson@carolinashealthcare.org	Pardee Henderson
3/28-29/2010	Stuttgart, Germany	Dora Kostlin	07117914083	dora.koestlin@gmx.de	Renate Reichenberger
4/16-17/2010	OH Cincinnati	Daniel Snyder	(513) 221-1660	daniel44@fuse.net	To Be Announced
4/17-18/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
4/17-18/2010	MI Coloma	Barbara Starke	(269) 849-1239	bstarke@comcast.net	Barbara Starke
4/24-25/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
4/24-25/2010	VA Fredericksburg	Ren Fields	(540) 371-4555	ren4yoga@aol.com	Maureen McCracken
4/24-25/2010	GA Augusta	Jane Hightower	(706) 830-1959	janehightower@comcast.net	Jane Hightower
5/1-2/2010	WA Eatonville	Dawn Warnaca	(253) 847-6914	dwarnaca@msn.com	Barb Dahl
5/1-2/2010	TX Dallas	Karen Russell	(817) 781-3387	kbrussellrmt@yahoo.com	S. Scandrett-Hibdon
5/2-3/2010	AK Fayetteville	Mary Brenzel	(479) 571-3475	mebrenzel@gmail.com	Sharon Myrah
5/8-9/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
5/14-16/2010	NT Yellowknife CAN	Cathy Landry	(867) 873-9476	cathy.landry@gmail.com	Betty Petersen
5/22-23/2010	MI Grayling	Marian Long	(989) 348-0428	longmm@trinity-health.org	Barbara Starke
6/4-6/2010	MB Winnipeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
06/5-6/2010	IL Northbrook	Marcia Bregman	(847) 831-3680	mbreghtt@comcast.net	Marcia Bregman
6/19-20/2010	AZ Tucson	Judi Gaston	(520) 744-0039	kgastonaz@msn.com	To Be Announced
07/10-11/2010	CA Sacramento	Susan Reed	(707) 928-6565		Susan Reed
6/25-27/2010	AB Calgary CAN	Betty Petersen	(403) 275-6288	therapeuticbalancing@gmail.com	Betty Petersen
7/8-9/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Anne Boyd
7/17-18/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
07/17-18/2010	CA El Cajon	Sandra Lourido	(619) 441-8771	slourido@sheahealth.com	Kathy Allan

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Date	Location	Coordinator	Phone	Email	Instructor
Level 3 continued					
8/14-15/2010	MN Minneapolis	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
8/14-15/2010	GA Augusta	Jane Hightower	(706) 830-1959	janehightower@comcast.net	Jane Hightower
8/14-15/2010	MN St Paul	Joyce Rudenick	(651) 254-1497	joyce.m.rudenick@healthpartners.com	To Be Announced
08/21-22/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
9/9-10/2010	NC Asheville	Denise Anthes	(828) 213-1042	denise.anthes@msj.org	Anne Boyd
9/11-12/2010	AB Lethbridge CAN	Nancy Fabro	(403) 329-0128	nancyfab@telusplanet.net	Betty Petersen
9/17-19/2010	NY Amsterdam	Sr Rita Jean DuBrey	(518) 841-7146	dubreyr@smha.org	Sr Rita Jean DuBrey
9/18-19/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
10/2-3/2010	TX Houston	Healing Touch Texas	(281) 856-8340	healingtouchtx@aol.com	To Be Announced
10/17-18/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
11/12-14/2010	OH Cincinnati/Loveland	Theresa Kajs	(513) 683-0987	tmkajs@cinci.rr.com	Theresa Kajs
11/13-14/2010	WA Brisbane, Australia	Monica Nebauer	(073) 851-1664	monicanebauer@optusnet.com.au	Barbara Rogers
11/20-21/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
12/4-5/2010	AZ Tucson	Judi Gaston	(520) 744-0039	kgaston@msn.com	To Be Announced
12/4-5/2010	TX San Antonio	HT Program	(210) 497-5529	registration@healingtouchprogram.com	To Be Announced
12/4-5/2010	CO Highlands Ranch	Janna Moll	(303) 346-3809	janna@hearthealingcenter.com	Janna Moll
12/4-5/2010	CA Sacramento	Susan Reed	(707) 928-6565	blueskyz@aol.com	Susan Reed
Level 4					
4/15-18/2010	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
5/20-23/2010	CO Littleton	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
5/20-23/2010	PA Quarryville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Nancy Lester
6/3-6/2010	NY Niskayuna	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Maureen McCracken
6/23-26/2010	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
7/8-11/2010	IL Chicago	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
8/26-29/2010	ON London CAN	Cindy Palajac	(519) 685-1353	cpalajac@rogers.com	Betty Petersen
9/23-26/2010	CA Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	S. Scandrett-Hibdon
9/23-26/2010	AB Calgary CAN	Sharon Lennox	(403) 949-3619	peacefulwatersca@yahoo.ca	Betty Petersen
10/17-22/2010	CA San Diego CRUISE	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Geoffrey/Moray-Allan
10/20-23/2010	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
10/21-24/2010	SK Swift Current CAN	Judy Ross	(306) 264-3653	djross@yourlink.com	Betty Petersen
10/28-31/2010	Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
10/31-11/3/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
11/3-6/2010	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
Level 5					
10/27-30/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
4/15-18/2010	MN St Paul	HT Program	(210) 497-5529	registraton@healingtouchprogram.com	Janna Moll
4/22-25/2010	AB Calgary CAN	Sharon Lennox	(403) 949-3619	peacefulwaters@yahoo.ca	Betty Petersen
5/20-23/2010	PA Quarryville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Mary Ann Geoffrey
5/27-30/2010	AB Winnepeg CAN	Margo Reimer	(204) 219-6610	margoreimer@shaw.ca	Betty Petersen
6/23-26/2010	WA Seattle	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll
7/8-11/2010	IL Chicago	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
7/13-16/2010	BC Nanaimo	Jeanette Nienaber	(250) 247-7297	emeraldchakra@gmail.com	Betty Petersen
9/23-26/2010	CA Burlingame	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Carol Kinney
10/17-22/2010	CA San Diego CRUISE	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Janna Moll

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Date	Location	Coordinator	Phone	Email	Instructor
Level 5 continued					
10/20-23/2010	CO Loveland	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
11/3-6/2010	NC Asheville	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
Level 6					
3/30-4/2/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
11/9-12/2010	CO Boulder	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
Adv. Practice 1					
3/19/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
4/12/2010	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/23/2010	CA San Diego	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Kathy Allan
4/24/2010	ON London CAN	Cindy Palajac	(519) 630-6758	cpalajac@rogers.com	Cynthia Hutchison
10/22/2010	Stuttgart, Germany	Dora Kostlin	(071) 179-14083	dora.koestlin@gmx.de	Dora Kostlin
Adv. Practice 2					
3/22/2010	Munich, Germany	Petra Berger	(089) 850-9254	pberger2@gmx.de	Ines Hoster
4/13/2010	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/24/2010	CA San Diego	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Kathy Allan
4/25/2010	ON London CAN	Cindy Palajac	(519) 630-6758	cpalajac@rogers.com	Cynthia Hutchison
AP 1 and 2					
4/12-13/2010	MN St Paul	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Cynthia Hutchison
4/23-24/2010	CA San Diego	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Kathy Allan
Presentations					
5/16/2010	IL Chicago	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Lauri Pointer
10/21/2010	Stuttgart, Germany	Dora Kostlin	(071) 179-14083	dora.koestlin@gmx.de	Dora Kostlin
Self Care Training-For Instructors Only					
04/10/2010	MD Glen Burnie	Zinda Wienke	(410) 439-0601	z.wienke@verizon.net	Nancy Lester
Level 3 Instructor Advancement					
9/17/2010	NY Amsterdam	HT Program	(210) 497-5529	registration@healingtouchprogram.com	Sr Rita Jean DuBrey