

Suzie Forward HTP-A

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Professional Profile

History of Medical Social Work combined with a Wellness Coaching certification and completion of Healing Touch Practitioner-Apprentice curriculum. I bring a unique combination of leadership, communication, counseling, customer service, business skills, and energy medicine to all that I do.

Formal Education

Bachelor of Social Work Degree (BSW) Colorado State University, Fort Collins, CO 1991
Associates of Arts Degree (AA) Aims Community College, Greeley, CO 1988

Work Experience

Director of Resident Services and Geriatric Medical Social Worker, Good Samaritan Society of Loveland Village, Loveland, CO March 2000-April 2010

- Maintained a positive customer service environment by providing resources, counseling, and education regarding Geriatric medical issues for families and residents
- Acted as a liaison with other professionals to provide optimum care and services
- Managed three employees of the Resident Services Staff
- Guided families through stages of illness and offered ongoing grief and loss support

Director of Social Services and Geriatric Medical Social Worker, Windsor Health Care Center, Windsor, CO November 1993-March 2000

- Provided counseling, grief and loss support, and education to residents and families while guiding them through the process of admission and long term care
- Coordinated admissions to the facility and supervised two Social Services employees

Case Manager for Healthy Beginnings Prenatal Program, McKee Medical Center, Loveland, CO August 1991-November 1993

- Provided Case Management for pregnant, low income clients and their families through education, support, and resources and acted as a liaison between agencies, medical professionals, and clients to increase positive prenatal and postnatal outcomes

Professional Recognition, Licensures and Certifications

Circle of Life Wellness Coaching April 2008

Related Education and Training

Healing Touch Program: Healing Touch Practitioner Apprentice (HTP-A), Loveland CO
October 2012-present

Healing Touch Level 4 Instructor: Lauri Pointer Loveland, CO October 2012

Healing Touch Level 3 Instructor: Lauri Pointer Fort Collins, CO May 2012

Healing Touch Level 2 Instructor: Lauri Pointer Fort Collins, CO June 2011

Healing Touch Level 1 Instructor: Lauri Pointer Fort Collins, CO April 2011

Professional Memberships/Affiliations

Healing Touch Professional Association Member since 2011

Healing Touch Core Curriculum Classes

Healing Touch Level 5	Instructor: Cynthia Hutchison Loveland, CO	October 2-5, 2013
Healing Touch Level 4	Instructor: Lauri Pointer Fort Collins, CO	October 3-6, 2012
Healing Touch Level 3	Instructor: Lauri Pointer Fort Collins, CO	March 31 April 1, 2012
Healing Touch Level 2	Instructor: Lauri Pointer Fort Collins, CO	February 25-25, 2012
Healing Touch Level 1	Instructor: Lauri Pointer Fort Collins, CO	January 14-15, 2012

Megan Koepsell, RN BSN, HTP-A

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FORMAL EDUCATION

- Red Rocks Community College** 2013-present
In process for completing Holistic Health Practitioner certificate
- Regis University Rueckert-Hartman College for Health Professions, Denver** May 2006
Bachelor of Science Nursing, BS, Accelerated program
• Graduated Magna Cum Laude
- Regis University School for Professional Studies, Denver, CO** May 2005
Bachelor of Science in Applied Psychology Degree BS
• Graduated Summa Cum Laude

WORK EXPERIENCE

- Owner, Akasha Mind-Body Wellness** 2014-present
• Facilitate healing mind, body, and spirit through Healing Touch energy medicine sessions; Partner to teach meditation and guided imagery at Oncology Rehab; facilitate Mind-Body Medicine for small groups; present workshops on holistic health.
- Self-Employed Corporate Wellness Contract Nurse** 2013-present
• Patient health education; biometric health screenings; administer immunizations in corporate settings.
- Public Health Nurse, Tri-County Health Department (TCHD)** 2007-2012
• Colorado Circle of Protection Tetanus, Diphtheria, and Pertussis (Tdap) Program: Developed collaborative program with state health department and nine area birthing hospitals to create an innovative immunization program to protect infants from pertussis. Provided staff education and trainings to physicians and nurses; presented at state and national conferences.
• Administered immunizations in clinic and health fair settings; conducted home visits (in English, Spanish and French) for preterm infants and for children with traumatic brain injuries to help educate parents; provided pregnancy education to expectant mothers; member of the Emergency Preparedness team; presented health programs in area high schools to students
• Acted as Clinical Scholar to organize public health rotations and a wide range of nursing experiences for nursing students from the University of Colorado
- Registered Nurse, Swedish Medical Center, Progressive Care Unit** 2006-2007
• Worked extensively with medication administration (IV, IM, SQ, NG, PO), blood draws, IV starts; provided effective, competent total patient care

PROFESSIONAL RECOGNITION, LICENSURE, AND CERTIFICATIONS

- Center for Mind-Body Medicine Certification 2015
• Colorado Registered Nursing License 2006-present

RELATED EDUCATION AND TRAINING

- Healing Touch Program: Healing Touch Practitioner Apprenticeship (HTP-A) 9/13/14 to present
• Vibratory Grid Workshop September 14, 2015
Instructor, Sue Hovland, RN, BSN, CMT, HTPC/1; Denver, CO
- Animal Communication Workshop August 2, 2015
Instructor, Lizanne Flynn; Denver, CO
- Cranial Sacral Workshop May 4, 2015
Instructor, Sue Hovland, RN, BSN, CMT, HTPC/1; Denver, CO

- Back Chakra Activation Workshop October 2014
Instructor, Franny Harcey, HTCP, HT Instructor, Qualified Mentor; Denver, CO
- Healing Touch Program Levels 4 September 10-13, 2014
Instructor, Cynthia Hutchison, DNSc, RN, MSN, HTCP/I, Boulder, CO
- Healing Touch Retreat: Balancing Self-Care and Service: Supporting My Energy in Order to Be
the Best I Can Be June 14-17, 2014
Facilitator, Cynthia Hutchison DNSc, RN, MSN, HTCP/I, Shadowcliff Resort, Grand
Lake, CO
- Healing Touch Program Levels 3 April 12-13, 2014
Instructor, Cynthia Hutchison, DNSc, RN, MSN, HTCP/I, Boulder, CO
- Healing Touch Program Levels 2 October 19-20, 2014
Instructor, Cynthia Hutchison, DNSc, RN, MSN, HTCP/I, Boulder, CO
- Healing Touch Program Levels 1 September 7-8, 2013
Instructor, Cynthia Hutchison, DNSc, RN, MSN, HTCP/I, Boulder, CO
- Colorado Center for Nursing Excellence Clinical Scholars Program July 24, 2009
Instructor, Karren Kowalski, PhD, RN, FAAN; Denver, CO
- HRSA (Health Resources & Services Administration) Leadership Project 4/29/09-1/21/10
Instructor, Karren Kowalski, PhD, RN, FAAN; Denver, CO
- Powerful Presentations from the Colorado Center for Nursing Excellence April 27-29, 2009
Instructor, Karren Kowalski, PhD, RN, FAAN; Denver, CO

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

- Healing Touch Professional Association Member since 2013
- American Holistic Nurses Association Member since 2011

ACCOMPLISHMENTS AND AWARDS

- The Emerging Leader in Public Health Award: Colorado Public Health Association 2011
Association
- National Association of County and City Health Officials (NACCHO) Model Practice 2011
Winner for Colorado Circle of Protection Tdap Program
- CityMatCH conference STAR (Science Translated into Action and Results) poster 2011
award winner for Colorado Circle of Protection Tdap Program
- Sigma Theta Tau Nursing Honor Society, Regis University 2006
- Alpha Sigma Nu Honor Society, Regis University 2006
- Regis Campus Ministry Liaison for Accelerated Nursing Class 2005-2006
- Psi Chi National Honor Society in Psychology 2005
- Kappa Gamma Pi National Catholic College Graduate Honor Society 2005

PUBLISHED WORKS

- National Association of County and City Health Officials (NACCHO) Model Practice
2011

Winner for Colorado Circle of Protection Tdap Program abstract

<http://www.naccho.org/topics/modelpractices/displaymp.cfm?id=701>

RELATED INTERESTS

- Meditation Leader, New Dawn Center for Spiritual Living 2015-present
- Vice-President/Program Chair, Highlands Ranch Genealogical Society 2015-present
- President, Highlands Ranch Genealogical Society 2013-15
- Vice-President/Program Chair, Highlands Ranch Genealogical Society 2012-13

Healing Touch Program Classes

Level 5

October 7-10, 2015
Loveland, CO, United States of America
Instructor: Janna Moll

Level 4

September 10-13, 2014
Loveland, CO, United States of America
Instructor: Cynthia Hutchison

Level 3

April 12-13, 2014
Boulder, CO, United States of America
Instructor: Cynthia Hutchison

Level 2

October 19-20, 2013
Boulder, CO, United States of America
Instructor: Cynthia Hutchison

Level 1

September 7-8, 2013
Boulder, CO, United States of America
Instructor: Cynthia Hutchison

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Marsha Elizabeth Marsha HTP-A

Objective

To find a position to offer Healing Touch within a community setting using my natural abilities to connect with people and share my compassion, love, and healing presence with others.

Formal Education

Bachelor of Fine Arts-(BA) Colorado State University Fort Collins, CO 1998-2003

Work Experience

KDNK Carbondale Community Access Radio Ridge, CO 6/ 2010 – Present

Membership Director/ Volunteer Coordinator

*Record and produce a daily community events calendar which involves working with multiple entities and resolving conflict.

Mt. Sopris Nordic Council Ridge, CO

December-April 2007-2013

Trail Manager/ Lead Groomer

*Maintained 19 kilometers of trail for winter use only for the community to Nordic/ Cross-County ski. Developed skills of working independently as well as organizing group dynamics.

Colorado Rocky Mountain School Ridge, CO April 2007-2009 through October 2007-2009

*Assisted all planning, planting, and harvesting of a two acre garden which produced food for the school cafeteria.

*Led the Garden Harvest work crew, where I supervised student involvement in the garden program and was responsible for guiding and educating students on planning and preparing a Formal Dinner for two hundred people.

Outward Bound Wilderness Moab, UT

5/2006-8/2006, 5/2004-9/2004, 5/2003-10/2003

Instructor/ Logistics Coordinator

*Organized and maintained all logistical needs for summer courses

*Led safe and effective wilderness backpacking courses, instilled leadership and survival skills, and shared creativity, enthusiasm, and passion for the outdoors

Steamboat Ski and Resort Corporation

11/2005- 4/2006

Steamboat Springs, CO

Child Care Assistant

*Facilitated daily activities and games with children six months to six years old

Bamboo Market/Uprisings Bakery & Deli Steamboat Springs, CO

11/2004- 4/2006

Deli Server/ Manager

*Maintained all aspects of an organic deli service: food planning & preparation, customer service, dishwashing, ordering, etc.

Burmese Youth Project Mae Sot, Thailand

January 2004- February 2004

Ceramic Assistant

*Assisted in the teaching and development of a ceramic water filter project, and taught wheel throwing and glazing techniques to Burmese refugees

Educo International Fort Collins, CO

1/2003- 6/2003

Instructor

*Planned and facilitated a weekly after-school outdoor leadership program for middle school children that taught team building and leadership skills through games and outdoor activities

Professional Recognitions, Licensures and Certifications

Hatha 200 hr. Yoga Teaching Certification Eldorado Yoga Ashram

5/ 2017

Eldorado Springs, CO

Wilderness First Responder CPR Certification

3/2011

Related Education and Training

Healing Touch Program:Healing Touch Practitioner Apprentice (HTP-A)10/2013 to Present
Loveland, CO

Healing Touch Level 4 Instructor: Cynthia Hutchison Loveland, CO

10/2013

Healing Touch Program: Healing Touch Advanced Practice 1 & 2

3/2013

Instructor: Cynthia Hutchison Boulder, CO

Healing Touch Level 3 Instructor: Janna Moll Highlands Ranch, CO

9/2012

Chakras – Transformation for You and Your Clients

4/2012-5/2012

Instructor: Cherry Lee Ward Online Teleconference

Healing Touch Level 2 Instructor: Janna Moll Highlands Ranch, CO

5/2011

Healing Touch Level 1 Instructor: Carol Komitor Highlands Ranch, CO

1/ 2011

Volunteer

Andy Zanca Youth Empowerment Program Ridge, CO

2008 - Present

Board Member - Secretary

*Oversee the Executive Director who runs AZYEP, which provides training to youth in community broadcasting

KDNK Carbondale Community Access Radio Ridge, CO

2/2009- present

Volunteer DJ

*Host a weekly two-hour music program

Ridge Council on Arts & Humanities Ridge, CO

February-July 2008-2011

Volunteer Coordinator *

Organized all 300 volunteers for Mountain Fair

Professional Memberships/Affiliations

Healing Touch Professional Association -

Member since 2012

Healing Touch Core Education

Healing Touch Level 5

Instructor: Janna Moll
Location: Loveland, CO
Dates: September 3-6, 2014

Healing Touch Level 4

Instructor: Cynthia Hutchison
Location: Loveland, CO
Dates: October 8-11, 2013

Healing Touch Level 3

Instructor: Janna Moll
Location: Highlands Ranch, CO
Dates: July 10-11, 2012

Healing Touch Level 2

Instructor: Janna Moll
Location: Highlands Ranch, CO
Dates: May 19-20, 2011

Healing Touch Level 1

Instructor: Carol Komitor
Location: Highlands Ranch, CO
Dates: January 17-18, 2011

Additional Healing Touch Classes

Healing Touch Advanced Practice 1

Instructor: Cynthia Hutchison
Location: Boulder, CO
Dates: March 29-30, 2013